



Matt says come and visit

Film maker sings borough's praises in tourism video

SEE PAGE 3



Not so secret admirers

Your Valentine's messages shared with the East End

SEE PAGES 12 & 13



Malcolm in the middle

Former England fast bowler Devon hands out sports awards

SEE PAGES 18 & 19

ISSUE 996 10 - 16 FEBRUARY 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

It's business as usual for Lane restaurants

Council reassures traders after inaccurate curfew claims

BY STAFF REPORTER

THE council is reassuring businesses in Brick Lane about its commitment to supporting their role as the jewel in the borough's restaurant trade.

And it has given assurances that there is no midnight curfew in place – as was widely reported last week – and that none is planned.

A spokesman said the council had worked hard to promote the excellence of local

businesses while operating within the law and in the interests of all residents.

It also has a duty to combat anti-social behaviour and restaurant owners in the area supported this.

Mayor Lutfur Rahman said: "I

am 100 per cent committed to the restaurateurs of Brick Lane who have worked hard over the past decades to make it a thriving tourist attraction and a hub for the local economy.

"The council has been looking into the ways in which it can

provide additional support measures to ensure that Brick Lane remains the Curry Capital that it deserves to be."

Alongside the police, the council insists restaurateurs operate within the opening hours for which they have planning permission. This is a statutory duty of all councils.

Restaurants also have a licence outlining licensing hours.

If a restaurant wants to extend its opening hours it can apply to do so and its case will be considered by the council.

Over the last five years the council has been visiting restaurants in the area to ensure they are complying with their opening hours. It has had to prosecute some operators who have not complied.

For more details visit www.towerhamlets.gov.uk/planning

■ Celebrity chef Ainsley Harriot will be in Brick Lane on March 22 to judge a curry cook-off.

The contest is part of a fun-filled day featuring entertainers and performers.



Brick Lane is a major tourist attraction

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Farthing Bundles provided children with toys, and Clara Grant became known as the Bundle Woman of Bow.



Food, threads and footwear

Clara Grant set up the Fern Street Settlement to help poor families. She provided a hot breakfast for children in her care, gave them clothes and shoes, and distributed Farthing Bundles.

WWW.FERNSTREET-SETTLEMENT.CO.UK

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.

Tel: 7364 3179 Fax: 7364 4917

Email: eastendlife.news@towerhamlets.gov.uk



Editor Laraine Clay

Tel: 7364 3179

Deputy Editor Helen Watson

Tel: 7364 3173

Reporter

Jessica Odubayo

Tel: 7364 4365

Photos

Tel: 7364 3253

Advertisement Manager

Sharan Ahmed

Tel: 7364 4061

Senior Advertising Sales

Executive

Christine O'Doherty

Tel: 7364 4994

Senior Advertising Sales

Executive

Fatima Khan

Tel: 7364 4623

Advertising Production

Controller

Terri - Leigh Knight

Tel: 7364 4682

Distribution Manager & Finance

Abdul Miah

Tel: 7364 0474

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Community gives Fern Street new lease of life

BY JESSICA ODUBAYO

A COMMUNITY centre, which closed last year, has been re-opened and given a new lease of life.

Clara Grant, a teacher and community activist, established Fern Street Settlement in 1907 to support her pupils and their families.

The reopening of the centre is a result of a new partnership between Fern Street Settlement Trust and All Hallows Bow Church, which will see new opportunities created for local residents and families of all backgrounds to come together, share their skills and access support and training.

More than 70 volunteers,



Issac Rogers, nine



The Bishop of Stepney, right, and guests listen to a speaker

including residents, helped to decorate the community hub.

The Bishop of Stepney, the Rt Rev Adrian Newman, officially re-opened Fern Street Settlement on Saturday, February 1 and sprinkled the crowd with water as a symbol of new life emerging at the centre.

More than 130 people, including residents from the Lincoln Estate, Bow, attended a neighbourhood party in celebration.

They took part in arts and

crafts activities, sampled homemade cakes and joined in singing led by Sing Tower



Founder Clara Grant

Hamlets community choir.

The Rev Cris Rogers, vicar of All Hallows, said the church was committed to the area and to creating opportunities for people in Bow to thrive.

Project manager Sara Brayford said the new facility would offer a range of activities to support older and young people and families.

In the coming weeks, people in the area will be invited to share ideas and get involved in the centre's development.

Chance to win tickets to Brandenburg Choral Festival

A FUNDRAISING concert is being held for arts education charity East-side Educational Trust as part of its 20th anniversary celebrations.

Bob Chilcott's *A Little Jazz Mass* will be performed at St Clement Danes Church in the Strand on Sunday, March 9, from 4pm, as part of the Brandenburg Choral Festival.

The trust is offering the chance to win two tickets to any of the concerts, by answering the following question:

Which London church was immortalised in the nursery

rhyme *Oranges and Lemons*?

The answer can be found at www.eastside.org.uk – send your response by February 28, quoting reference EET, to dev@brandenburg.org.uk

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

It's business as usual for Lane restaurants

Council reassures traders after inaccurate curfew claims

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'Come east and explore'

"There are whole other worlds to explore outside of the usual tourist traps, and east London is arguably the most diverse and exciting of them all."

FILM MAKER MATT LINDLEY, LEFT

Cash for your area

Don't miss your local community ward forum meeting this month – help decide how to spend £10,000.

SEE PAGE 10

News



Video highlights include Columbia Road flower market, Victoria Park and Regent's Canal



No time to be board in vibrant east

BY RAJU MIAH

A SKATEBOARDER takes to the streets of the East End to highlight some of the best places to visit, as part of a new video encouraging sightseers to the area.

Skateseeing East London, produced by Matt Lindley, follows the skateboarder as he makes his way through popular spots such as Brick Lane, Columbia Road flower market, Victoria Park, Shoreditch High Street and along Regent's Canal.

Matt, who lives in Limehouse, has a particular interest in making the project a success as the video is being made for travel website Hotel.com

"London is a very popular destination and we wanted to show that there's much more to the capital than just Tower Bridge, Big Ben and Tate Modern," Matt told East End Life.

"There are whole other worlds to explore outside of the usual tourist traps, and east London is arguably the

most diverse and exciting of them all.

"Nowhere else in London do so many different communities live side-by-side, with each one making their own unique contribution to the area."

The video captures the vibrancy and character of the East End, calling on visitors to come and explore an area which has been transformed over the past 20 years.

Hotel.com chose to use a skateboarder as the 'guide' as it enables it to showcase the city from an alternative perspective, giving the audience the experience of gliding through these spaces and picking up the details of the lifestyles along the way.

Skateseeing East London is the second in a series of urban travel videos made by Matt with fellow film maker Orban Wallace for HotelClub.com – the first featured Brighton and the next will portray Sydney, Australia.

The video can be viewed at www.hotelclub.com/sk8seeing/skateseeing-east-london-video.html

News in brief

Fire at Bow flat

A FIRE in a converted first-floor flat in Mile End Road, Bow caused serious damage on Wednesday, February 5.

Four crews went to the scene from Poplar, Bethnal Green, Shadwell and Stratford fire stations. Three people escaped uninjured before the fire crews arrived and the cause of the blaze is being investigated.

Police investigate lorry road death

POLICE are investigating a road accident last week in which a man died after being hit by a lorry.

The pedestrian died at the scene in Mansell Street, Aldgate East at about 11am on Thursday, February 6.

A 58-year-old man, arrested for failing to stop at the scene of an accident, was taken to a central London police station, then released on bail.

Kids' book swap

THE Museum of London Docklands will take part in the third annual London Children's Book Swap on Saturday, February 15.

It encourages children to discover new stories and recommend their own favourite authors to others.

Children and their parents are invited to take along some of their old books between 11.30am and 12.30pm to swap for a new read. The museum is at West India Quay, E14.

Museum prepares for a Shock

THE Museum of Immigration and Diversity in Spitalfields will be the unusual venue for a sculptural exhibition after an artist won a competition to hold a pop-up display at the historic venue.

The Sculpture Shock competition, organised by independent artist-led Royal British Society of Sculptors, invites artists to create temporary work in unusual or non-traditional spaces.

The three winners announced

last week will each receive £3,000 and undertake a three-month residency in a studio in Kensington, culminating in exhibitions in non-traditional spaces including the museum.

Built in 1719, the Museum of Immigration and Diversity, based at 19 Princelet Street, has been used by waves of migrants to east London, including Huguenots, Irish, Jews from Eastern Europe, and Bangladeshis. In 1869 Jewish migrants erected a synagogue,

underneath which they created a place where people came together and, much later, prepared to fight together against intolerance and fascism.

Now, the museum tells the stories of the many diverse peoples who have formed our society.

Winning artist Joanna Sands, who started making large sculptural installations in abandoned buildings and squats in 1993, will hold an exhibition at the historic venue from December 4-8.

Your say on sight loss strategy

BLIND and partially sighted people are being encouraged to have their say on proposals to improve services, facilities, eye health awareness and community inclusion at an event on Monday, February 24.

A vision strategy for the borough has been drawn up to highlight issues affecting blind and partially sighted people, and the next stage of the initiative is to agree an action plan.

Service providers, health professionals, charities and

community groups associated with sight loss will also be at the launch event from 9.30am-1pm at Brady Arts Centre, 192-196 Hanbury Street, Whitechapel.

Sharon Schaffer, chair of the vision strategy group, said "Drawing on the experience of service users and putting them in the driving seat will make it possible to build on the good practice in Tower Hamlets and narrow any gaps in provision."

For further information email sharon.schaffer@lvif.co.uk or call 07875 541133.

A local social landlord has a one bedroom flat with garden for rent to a settled individual or couple, without children.

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Did you know...

The East London Mosque in Whitechapel is the oldest in London and was opened 104 years ago.

SEE BELOW



Preserving history for the future

Clem Brohier (left) of the National Archives said its grant for the East London Mosque Trust would make historical information more accessible to future generations.

SEE BELOW

News

Thumbs-up for Silk Court

A CARE home in Bethnal Green has been given above average ratings in a national survey.

More than 20,000 residents in 1,055 care homes across the UK took part in the survey conducted by Your Care Rating, providing feedback on staff and care, home comforts, choice and having a say, and quality of life.

Silk Court in Ivimey Street performed above the national average. Manager Marcia Forsythe said the home was delighted with the results.

"We still want to get even better and the results give us crucial feedback," she said.

Vera Welch, who has lived at Silk Court for three years, said: "The staff are very caring and there are lots of meaningful activities organised for us."

Visitors welcomed at mosque

BY JESSICA ODUBAYO

HIGH profile guests from different walks of life have been welcomed at the East London Mosque in Whitechapel in recent weeks.

Ebrahim Rasool, South African Ambassador to the United States, visited the mosque and the London Muslim Centre (LMC) next door to speak at an event held in memory of Nelson Mandela.

Mr Rasool, who is a member of the African National Congress (ANC), was a close friend of Mr Mandela who he met in prison during the apartheid era.

Other speakers at the event on January 29 included Sir Iqbal Sacranie, a trustee with Muslim Aid, Dr Muhammad Abdul Bari,



Ebrahim Rasool (left) and Dr Muhammad Abdul Bari at the East London Mosque

former chairman of the East London Mosque, and Farooq Murad, Secretary General of

the Muslim Council of Britain. Sadia Kidwai from Islamic Relief chaired the event.

Earlier in the month Clem Brohier (pictured top), interim chief executive of the National

Archives, visited the East London Mosque Trust (ELMT).

Funding from the National Archive's cataloguing grants programme has enabled an archivist to start cataloguing works at the trust.

During his visit on January 16, Mr Brohier met Dr Jamil Sherif, who was instrumental in establishing the archives at the mosque, and Rosemary Seton of the Religious Archives Group.

Shaynul Khan, assistant executive director of the trust, spoke about the mosque's 104-year history and gave the visitors a tour.

Mr Brohier said he was pleased that the mosque's archives were being made accessible to, and relevant for, future generations.

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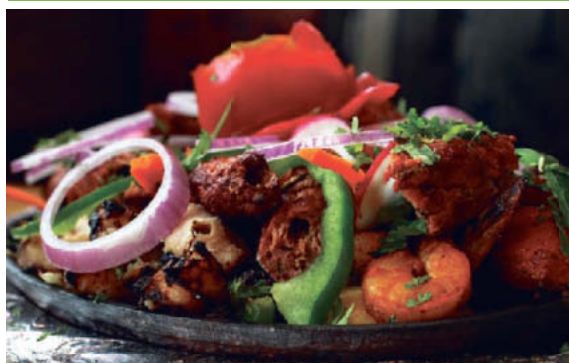
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Independent charity for Barts

Barts Charity helps to fund work in the six hospitals of Barts Health NHS Trust and medical school. It is independent and can support projects not normally funded through the NHS.

WWW.BARTSCHARITY.ORG.UK

Shattered by tragedy

“Every death through cycling is entirely preventable, with countless lives shattered by these tragic events.”

BELINDA DEE, BARTS CHARITY, BELOW

News



MAYOR Lutfur Rahman invited war veterans to the Town Hall for tea and cakes last week when they shared their stories and experiences. He was joined by borough residents Victor Reuben, his wife Barbara, and Robert Ward. Weavers wards councillor Kabir Ahmed also attended the reception.

News in brief

Trust asks: what's your priorities?

RESIDENTS are invited to a series of consultation events being held this month to discuss health care priorities for the coming year.

East London NHS Foundation Trust is holding meetings in the three east London boroughs where it provides services.

The meeting in Tower Hamlets will take place at Toynbee Hall, 28 Commercial Street, Spitalfields this Monday, February 10 from 2-4pm.

A consultation event will also be held on Monday, February 17 from 2-4pm at Stratford Circus, Theatre Square, Stratford.

Feedback on local discussions and agreement of the key priorities for the next 12 months will take place on Thursday, March 6 from 5-7pm at Toynbee Hall.

Trust chair Marie Gabriel said: “We really value the contribution that local people make and the individual perspectives they bring as this really impacts on our decision-making.”

The meetings are open to carers, service users, staff and residents – to book a place, call 0800 032 7297, email membership@eastlondon.nhs.uk or write to the membership office, Trust Headquarters, 22 Commercial Street, E1 6LP.

Free course on street safety

A FREE four-day course for young people aged 14-25, giving them the skills to feel safer on the streets, is being held later this month. The safety and conflict resolution training includes some self-defence and is part of the Futureversity programme.

It is being held at Raine's

Foundation Upper School in Old Bethnal Green Road, E2 from February 18-21, from 10am to 12 noon each day.

Young people must register through the website at www.futureversity.org/course_detail.aspx?id=12765

Stepney man on firearms charges

A STEPNEY man has been charged with possession of a firearm and ammunition.

Nazir Hassain, aged 22, of West Arbour Street was charged on Thursday, February 6 with possession of a firearm with intent to endanger life. He also faces two charges of possession of ammunition with intent to endanger life.

He was kept in police custody to attend Wimbledon Magistrates' Court last Friday, February 7.

Medics meet to stop cycle deaths

Barts shares strategies in trauma care

BY JESSICA ODUBAYO

A TEAM of health workers are looking at innovations in trauma care and injury prevention with the aim of saving more cyclists' lives.

Forty delegates met on February 3 at a seminar led by Barts Charity, which is dedicated to supporting patients treated at Barts Health NHS Trust.

The seminar heard that the specialist trauma team at the Royal London Hospital in Whitechapel last year cared for 117 people seriously injured through cycling. Four of the patients died.

And although fatalities related to cycling are declining, delegates were told that serious injuries are on the increase.

Belinda Dee, head of development at Barts Charity, said:

“Innovations to make cycling safe and accessible are worthy of investment; regular cyclists on average have the fitness of someone ten years younger, are half as likely to suffer from heart disease and 27 per cent less likely to have a stroke.

“Every death through cycling is entirely preventable, with countless lives shattered by the ripple effect of these tragic events.”

Journalist, presenter and keen cyclist Jon Snow hosted last week's discussion with cycling experts and enthusiasts as well as Barts Charity ambassadors.

The seminar was also supported by clinicians at Barts Health NHS Trust and researchers at Barts and the London School of Medicine and Dentistry.

Looking at data about injury and mortality and treatment for trauma patients, the

group resolved that implementing injury prevention strategies driven by better and more detailed data about cycling incidents was the only way to reduce immediate deaths from accidents.

Recommended projects include sharing insights into trauma science with other international centres of learning, creating a bespoke injury database, investigating public perceptions of injury risk, evaluating current local authority injury interventions and creating an online web resource to provide psychological support to long-term trauma survivors.

Ms Dee urged anyone interested in working with the charity to improve the safety of cycling to get involved.

Visit www.bartscharity.org.uk for further information.

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Poetry competition

The Poetry Games 2014 writing competition is open to 11- to 18-year-olds across the UK. To take part, visit...

WWW.YOUNGWRITERS.CO.UK/PG-2014



Movie makers of the future

Cineclub trains professional film makers and teachers to set up and run film making workshops for young people. It aims to create a vibrant and thriving network of young film makers.

WWW.CINECLUB.ORG.UK

Schools news

News in brief

River history

PUPILS from Faraday School at Orchard Place near Leamouth, Poplar, celebrated the Thames' trading history.

Working with artists Felipe Martinez-Villalba and Daniel Simon Ayat, children from years 2 to 6 took on the role of explorers and built their own ships from recycled materials.

The roleplay also helped them learn about international trade and shipping and how this shaped the local area.

Head teacher Susan Stark said: "Faraday School's location, where the River Lea meets the Thames, offers so many rich learning experiences."

Vote Jonson

A SILENT movie made by schoolchildren in Stepney is up for an award.

The four-minute film called The Test was made by year 5 pupils at Ben Jonson Primary and two schools from Berkshire as part of the Cineclub scheme run by the British Film Institute.

To watch the film and cast your vote to support the Ben Johnson youngsters go to <http://cineclub.org.uk/awards/peoples-vote-competition-2014>

The more votes they get the more chance they have of winning at the award ceremony at the BFI Southbank in July.

Pupils' film hits big screen

BY JESSICA ODUBAYO



Pupils saw the work screened at Genesis Cinema

ALTHOUGH it is almost two years since London hosted the Olympics, it is still a source of inspiration to a group of Stepney schools.

Stepney Green Maths, Computing and Science College, and Ben Jonson, Cayley, Halley Redlands and Smithy Street primary schools worked together during London 2012, as part of a national programme themed Be the Best You Can Be.

The programme encourages young people to strive to do their best in whatever area they choose.

Now the schools, which form part of the Stepney Partnership, have made a film.

Pupils worked with training group Cineclub to create short films, showing their interpretation of the theme.

These were amalgamated to make one longer film, which was screened at the Genesis Cinema, Mile End Road last month, with 500 pupils from the partnership schools seeing the results of their hard work on the big screen.



A POETRY project between five schools in Shadwell ended with the publication of a book of poems – and the chance to read them at the Royal Festival Hall.

The schools – Bigland Green, Harry Gosling, Shapla, St Paul's Whitechapel and Mulberry School for Girls – have been working together, as part of the Shadwell and St Katharine Collaborative, with poet Coral Rumble and illustrator Karin Littlewood. And on January 20 parents and children celebrated their achievements at the event on the South Bank, hosted by the Festival Hall's Poetry Library.

Everyone had the chance to get on stage and recite their poem from their illustrated book, The Poet Tree.

Afterwards copies of the book were given to the library and to representatives of the Poetry Society.

Copies of The Poet Tree will also be available in local Idea Stores.



Ian Mikardo becomes a dragon's den

THERE was a dragon in the classroom at Ian Mikardo High School, Bromley-by-Bow after pupils designed and created the colourful creature, to mark Chinese New Year.

In the week leading up to the start of the Year of the Horse, head teacher Claire Lillis (pictured above) led a procession through the school building and grounds – and even down a slide.

And in the classroom, stu-

dents explored the signs of the Chinese zodiac.

"It was an opportunity for students to think about who they are in a mythical way, as well as to have a lot of fun," Ms Lillis said.

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Dog day afternoon

Get your dog microchipped for free at a council roadshow – the offer is open to dog owners aged 18 and over.

DETAILS BELOW

News

CHILDREN'S writer Cathy Cassidy visited Morpeth School in Bethnal Green last week to talk about her career and books.

The former art teacher and magazine editor described how she has become the author of the bestselling series *Chocolate Box Girls*, which has sold more than a million copies in the UK. Students from Morpeth's year 7 were joined by year 6 pupils from Bonner, Globe, Chisenhale, Mowlem and John Scurr primary schools. The visit ended with the presentation of a cheque for £241 raised from a bake sale organised by year 10 students at Morpeth earlier in the week. Ms Cassidy said she would send the money to The Horse Trust charity – her latest book *Coco Caramel* follows the future of a pony after it is sold from its stable.



News in brief

Baby competition

THE Baby Show returns to Ex-Cel, Royal Victoria Dock, from February 21-23.

And there is still time to enter our competition to win one of five pairs of tickets and a baby feeding system.

To enter the competition, answer the following question and email your name, address and daytime telephone number to eastendlife.news@towerhamlets.gov.uk, putting Baby Show in the subject line.

Alternatively, send your entry to East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.

The competition closes at 5pm on Wednesday, February 12. Data provided will be passed on to the show promoters.

Q. Name one of the areas you can visit at the Baby Show.

For further information visit www.thebabysshow.co.uk

Claimants jailed for benefit fraud

BY STAFF REPORTER

TWO men and a woman have been sentenced for failing to declare their full income while they were in receipt of benefits.

Mohammed Islam, 33, of Montclare Street, Bethnal Green, was sentenced to ten months imprisonment and £100 fine at Snaresbrook Crown Court on January 14.

The court heard he failed to declare his partner's income for almost six years. He illegally obtained £17,409 of housing benefit, £5,043 of council tax benefit

and £33,920 of income support between 2006 and 2012.

Barrie Brett, 53, of Sewardstone Road, Bethnal Green, failed to declare that he had been selling electrical equipment on eBay for more than four years. He illegally obtained £19,406 of housing benefit, £2,771 of council tax benefit and £18,489 of income support.

He was sentenced to 20 weeks imprisonment at Thames Magistrates Court on January 16.

Mona Ahmed, 26, from Harford Street, Stepney failed to declare that she had started full-time higher education and

was in receipt of student loans and grants.

She was given an 18-month community order at Thames Magistrates' Court on January 21, which included 240 hours of unpaid work and a 30-day curfew. She must also pay a victim surcharge of £60.

The council's investigations team works closely with other departments in the council and the Department for Work and Pensions, the police and the public to identify cases of fraud.

Anyone wanting to report a suspected benefit fraud can contact the team on 7364 7427.

Trust and council offer free microchipping

DOG owners can still take advantage of a scheme offering free microchipping of their pets.

The council is teaming up with the Dogs Trust to offer the free service.

This week's session is on Wednesday, February 12 from 10am-2pm at Wapping Green, Watts Street, E1W. They continue on Monday, February 17, 10am-2pm at Mile End Park in

Copperfield Road, E3 and on Tuesday, February 25, 10am-2pm at Millwall Park, E14.

For details call the Dogs Trust on 7837 0006 or visit www.chipmydog.org.uk

Fostering & Adoption

Families wanted...

Tower Hamlets is looking for all kinds of families who can provide children with stable and supportive homes. To find out more about fostering and adoption, please come along to our information session which will be held on:

**Thursday 13 February 2014
6.00pm - 8.00pm**

**Tower Hamlets Town Hall,
Mulberry Place, 5 Clove Crescent
London E14 2BG**

We offer foster carers 24 hour support, training and competitive allowances of up to **£460** per week.

0800 279 9850
www.fosteringandadoption.co.uk





Local Link is a new service funded by the council. Nine groups are working together to provide support for deaf and disabled people, older people and those with long-term health conditions.

Useful information

A local link to help and advice

News from disability organisation Real

DO you want the right information first time, every time? Do you want help to get your rights and entitlements?

Do you want quality advice from qualified advisers who understand your situation? Local Link is a new service funded by the council. Nine organisations are working together to provide joined up support for deaf and disabled people, older people and people with long-term health conditions.

The organisations are Real, Age UK East London, Alzheimer's Society, Apasenth, Bromley by Bow Centre, deafPLUS, Men-cap, Positive East and Tower Hamlets Law Centre.

Together we provide support on areas including social care, housing, financial advice, volunteering, benefits advice, leisure, health and employment.

By working together, Local Link offers accessible support near you. We have established six information 'hubs' across Tower Hamlets where you can drop in to get information about issues that you care about and about local services. We can also make sure that we get the most appropriate support to help you with the particular issues you face.

There are three ways that you can contact us to get help:

- by phone, call 7001 2175
- by email, at local-link@real.org.uk
- in person, at one of our hubs (locations below).

When you first contact us we will see if we can help you straight away. If we think you need further help, staff at the hubs can support you to book an appointment to see a specialist from a Local Link organisation, or help you to find another solution.

The hubs have computers that you can use to get informa-

tion, or we can support you to use them. Contact us to find out when a computer at your local hub is available. Hubs are at the following centres and are open between 10am – 4pm Monday to Friday:

- Age UK East London, Appian Court Resource Centre, 87 Parnell Road, E3.
- Apasenth, Carmine Wharf, 30 Copenhagen Place, E14.
- deafPLUS, First Floor, Trinity Centre, Key Close, E1.
- Bromley by Bow Centre, St Leonard's Street, enter the hub via Bruce Road, E3.
- Positive East, 159 Mile End Road, E1.
- Real, Jack Dash House, 2 Lawn House Close, E14.

Come to our launch event

To find out more why not come to our launch event on February 27. All Local Link organisations will be there, and we will explain how you can access free, quality information and advice, and get help to access your rights.

We will run different sessions throughout the afternoon on hot topics such as upcoming changes to benefits and entitlements you may not know about.

Qualified advisers will also be providing free short advice consultations on a first come, first served basis.

If you want more information or want to tell us that you plan to come, call 7001 2175 or email local-link@real.org.uk

The Local Link launch event takes place at:

The Brady Centre
192-196 Hanbury Street
E1 5HU
February 27,
1.30-4.30pm.

To check out the timetable for the hot topic sessions go to www.real.org.uk

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1

7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2. 7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1. 7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14. 7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2. 8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2. 7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment and evening legal advice sessions). 214 Whitechapel Road, E1. 7247 8998
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1. 7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1. 7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street Isle of Dogs, E14. 7987 9379
www.island-advice.org.uk

National Debt line
0808 808 4000
www.nationaldebtlane.co.uk

Step Change Debt Charity
0800 138 111
www.stepchange.org



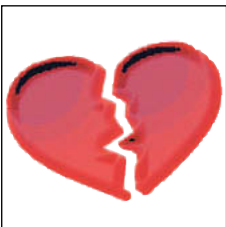
Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



The facts speak for themselves

Research over the past five years has shown that emotional abuse is experienced by up to three quarters of young people and physical abuse by more than a quarter of young women.

Sign the pledge

Young people are encouraged to sign a pledge this Valentine's Day to never condone abuse among their peers.

SEE BELOW

Cleaner, safer, greener news

Young people encouraged to help end domestic violence

BY POPPY TURNER

THIS Valentine's Day the council is working with young people as part of a renewed call for an end to violence against women and girls.

Council officers will be running workshops in schools and youth centres to help young people recognise the signs of abuse and know how to access support if they experience domestic abuse themselves.

They will also be encouraged to sign a pledge to never ignore or condone abuse among their peers and to promise to never abuse others.

Mayor Lutfur Rahman said: "We often forget that these crimes and abuses don't just happen to adults.

"Young people are just as likely to find themselves trapped in damaging and abusive relationships.

"This Valentine's Day I want to remind residents of the support available to domestic violence victims – young or old, female or male."

Deputy Mayor Cllr Ohid Ahmed added: "Valentine's Day is a day of romance and love, but in abusive relationships, romance and love can be used as excuses for controlling behaviour and even violence.

"By joining together as a community we can protect the lives of our mothers, sisters,



Cllr Oliur Rahman, cabinet member for children's services, supporting the White Ribbon campaign in November, which calls on residents to work to end violence against women

daughters, partners, colleagues and friends, and stop violence in the future."

Domestic abuse can include a person using threatening and coercive behaviour towards their partner, sexual abuse, preventing their partner from seeing or contacting friends or managing their own finances, or humiliating them in front of others.

Somen Banerjee, director of Public Health, said: "Domestic abuse has a serious and long-

standing impact on mental and physical health. Let's work to end violence against women and improve health and wellbeing in our community."

■ If you, a friend or a family member are experiencing any of these issues or for further information, call the domestic violence team on 0800 279 5434 or email domesticviolence@towerhamlets.gov.uk

Support is available to both male and female victims.

In an emergency, dial 999.

Domestic violence takes many forms:

Are you afraid of your boyfriend/girlfriend or a family member?

Do they cut you off from family and friends?

Does your partner or family try to control who you see?

Are they jealous and possessive?

Do they humiliate or insult you?

Do they verbally abuse you?

Do they say you are useless and couldn't cope without them?

Do they physically hurt you or force you into sexual acts?

Have they threatened to hurt you or people close to you?

Do they constantly criticise you?

Do they control your money?

Do you change your behaviour to stop them attacking you?

Are they constantly texting/calling or harassing you through social media?

Do they threaten to kidnap or get custody of the children?

Do they tell you what to wear or how to look?

Do they threaten to take you abroad?

Do they check where you go or expect you to report to them?

News in brief

Join police panel

A CHAIRPERSON is being sought for a new group giving residents and victims of crime a greater voice in setting police priorities.

The mayor of London is setting up Safer Neighbourhood Boards in every borough.

For an application pack email Abu.Sufian@towerhamlets.gov.uk or call 7364 1613.

Closing date for applications is Friday, February 28.

Cycling course

PARENTS with children aged seven to 11 can attend a free family cycle training course this half-term at Victoria Park.

It is being run by local social enterprise Bikeworks on behalf of the council and bikes can be provided for those without.

To book your place call 8980 7998 or email enquiries@bikeworks.org.uk

Parking fraudster fined

A BOW driver has been fined £885 for fraudulent use of a parking permit.

Hafizur Rahman, 31, of Violet Road, pleaded guilty to four offences under the Fraud Act 2006 at Thames Magistrates' Court on January 9 for acquiring a parking permit for an address where he did not live.

He was fined £350 for the first offence and ordered to pay costs of £500 and victim surcharge of £35.

Cllr Shahed Ali, cabinet member for environment, said: "We continue to work hard to clamp down on the fraudulent use of parking permits in Tower Hamlets and will

prosecute where necessary."

The council has a dedicated parking fraud team which investigates and prosecutes blue badge and parking permit misuse and fraud.

If you suspect that a parking permit is either being misused or used fraudulently, call 7364 6945.

Free First Aid & Child Protection training

For Unemployed Tower Hamlets Residents

PBCP are running a free one day First Aid and Child Protection training course. To register come along to the registration day as detailed below:

Registration date: 20/02/2014

Venue: PBCP, 39 Aberfeldy Street, London E14 0NU

Course date: 27/02/2014



Time Table of Activities

Monday	Badminton 9.30am - 11.00am (W)	Supplementary Support 6.00pm - 8.00pm	
Wednesday	Exercise to Music 1.00pm - 2.30pm (W)	Luncheon Club 1.30pm - 2.30pm	Bengali Class 3.30pm - 5.30pm
Thursday	Luncheon Club 1.30pm - 2.30pm	Bengali Class 3.30pm - 5.30pm	
Friday	Bengali Class 3.30pm - 5.30pm		

(W) = Women only project.

Please note some projects run term-time only.



For venue details or more information please contact Kamal Hussain on 020 7987 1303 / 075 0756 9700 or email info@pbc.org.uk or visit us at: Poplar Bangladeshi Community Project, 39 Aberfeldy Street, London E14 0NU

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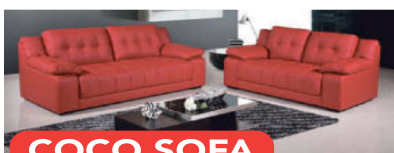
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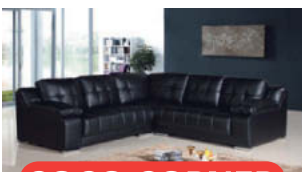
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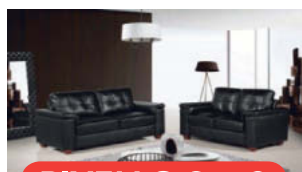
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Unit 67/68 Vallance Road, Whitechapel, London E1 5BW

Unit C, St James Centre, East Road, Harlow CM20 2SX (Behind the Range)

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EASY PARKING



Help decide how to spend £10,000

Community champion co-ordinators are only responsible for the work of the local ward forums – other local issues should be directed through ward councillors as usual.

WWW.TOWERHAMLETS.GOV.UK/LOCALFORUMS

News

How to spend community cash

BY IAN READ

RESIDENTS are being urged not to miss out on the opportunity to decide how to improve their communities.

Through the mayor's community ward forums, the council has asked residents to decide how to spend a total of £170,000 on enhancing their communities.

Local people have come up with dozens of improvement ideas as part of the programme, which puts power in the hands of residents.

Each of the 17 wards in the borough has its own resident-run forum, with £10,000 to spend on the area.

During February, the forums will hold their second meetings, at which they will decide which of the ideas to proceed with.

Mayor Lutfur Rahman said: "This is a golden opportunity for

local people to help shape the future of their communities, as £10,000 can make a real difference to an area.

"The turnout at the first round of meetings showed how much enthusiasm there is for this new programme. Let's make sure this level of interest continues at the next meetings – that way we will know the chosen ideas have the support of the whole community."

The forums each held their first meetings in December when residents decided the top priorities for their area.

Ideas included healthy food awards for restaurants, a community festival, a new children's play area, planting fruit trees, on-street cycle storage, pop-up smoothie bars, creating music facilities and setting up art classes.

The forums are supported by community champion co-ordinators, local people who

have volunteered to lead the process.

The forums' ideas are being costed and analysed further before they decide at their next meetings which to concentrate on and take forward.

For more information visit www.towerhamlets.gov.uk/localforums

More details on meeting dates and times were featured in East End Life on January 27, page 19. The details of the following two meetings have now been confirmed:

Meeting dates

Blackwall & Cubitt Town –

Thurs, Feb 20 at Island House, Roserton Street, E14. 6.30pm.

Mile End & Globe Town –

Mon, Feb 24 at Ocean Estate Tenants & Leaseholders Association Hall, Anson House Forecourt, Ernest Street, E1. 6.30pm.



FIFTEEN young residents celebrated qualifying as IT and digital apprentices at an event held at Google's main London offices. They are the first to have come through the Arch programme, developed by the council with IT and business services firm Agilisys. The young people work for Agilisys or other technology and media companies while receiving technical training that leads to a level 2 or 3 apprenticeship.

Jasmine Amin, one of the Tower Hamlets apprentices, said "It's been hard work, but I've now got a full-time job that I'm really enjoying and I've learned so much."

Cabinet member for jobs and skills Cllr Shafiqul Haque added: "This is the first of many graduation celebrations for people from Tower Hamlets who have chosen to take up the support in place to get the right skills for the job that they want."



Bringing brewing back to the borough

There are a number of local breweries, including The Redchurch Brewery in Poyser Street, E2 (www.theredchurchbrewery.com) and Crate in Hackney Wick (www.cratebrewery.com)

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

[HTTP://GOO.GL/MAPS/JLKZH](http://goo.gl/maps/jlkzh)

WWW.EASTLONDONHISTORY.COM

History

BY JOHN RENNIE

SOMETHING is brewing in London pubs. A decade or so back, London beer-making seemed to have been crushed by the multinational megabreweries such as Carlsberg, Guinness or the infelicitously named AB InBev.

Wherever you went in Britain, you would be served an identikit pint – Stella Artois or Heineken, and if you wanted ale, then best get a taste for the John Smith's. Family firms such as the long-established Fullers in Chiswick were a rare beacon, with Young's in Wandsworth soon to flee the capital.

Yet the East End was once home to London's brewers, with Charrington in Mile End and Truman in Brick Lane. And it seems you can't keep that spirit down. Having been a dry wasteland just a few years back, London once again has its breweries and brew pubs. The Brockley Brewery, meantime in Greenwich and east London's own Top East (in Stratford) and Crate (in Hackney) are a far cry from monster concerns such as AB InBev. Like mushrooms, they seem to be popping up everywhere.

Of course for a long time, the big brewers and especially the pub owners or 'pubcos' tried to persuade us that tradition was alive and well. One of the most-abused names by the marketing men was Taylor Walker. Now applied, apparently at random to a ragbag of London boozers, the company was once Limehouse's finest.

Take a look at our map of Limehouse from 1746 and the street plan will at first prove confusing, but what was then called The Fore Street would later form part of Narrow Street. And the genesis of what would become one of London's biggest brewers is similarly confusing, with partnerships of brewers continually changing.

Some sources have the brewery setting up in 1730 as Salmon and Hare, with the Limehouse deeds showing occupancy in 1732. Hare is listed in 1735 as the owner of the Ship Brewhouse in Becks Rents, tucked between Fore Street and Ropemakers Field. It quickly became "one of the largest establishments for brewing porter in England". In 1767 we have "Hare, Salmon and Kilner, brewers, Fore Street, Limehouse" and then the Salmons vanish.

Ownership mutated through Hare and Harford in the 1790s, with John Taylor coming aboard in 1796. Isaac Walker then joined Taylor in 1816.

By now, the small 18th century brewhouse in Fore Street had expanded to cover more than seven acres, opening on to Fore Street on one side and Church Row, now Newell Street, on the other. The front door was now in Church Row, rather than Ropemakers Fields.

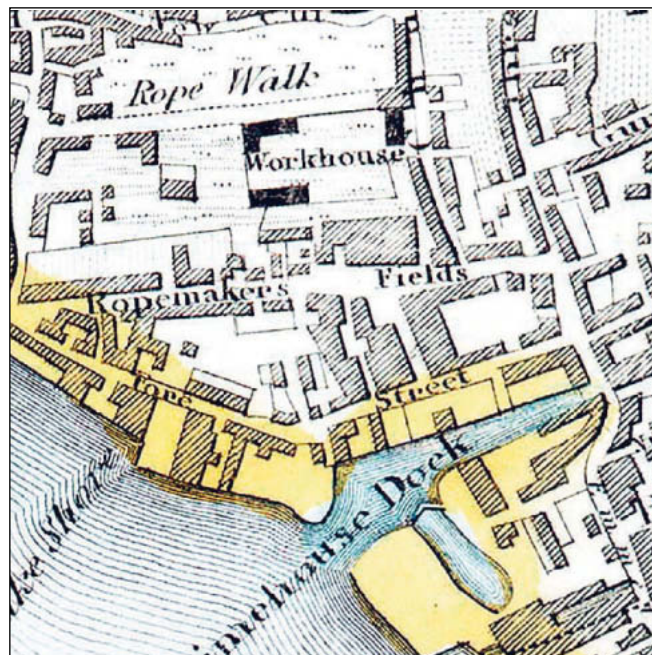
The big brewers tried to persuade us that tradition was alive and well. One of the most abused names by the marketing men was Taylor Walker... applied to a ragbag of London boozers, the company was once Limehouse's finest.

Documents of the day shed interesting light on the East End brewing scene. In 1785, Richard Hare was exporting quantities of porter from Limehouse to Philadelphia and he was in the market for one of the new steam engines "like that of Goodwyn and Co's" at the Red Lion brewery, another substantial porter brewer a little further up the Thames, between Wapping and the Tower of London.

The brewer was innovative in other ways too. There was a revolutionary method of steam capture 'invented' by Hare to improve the manufacturing process, though in 1797, John Vickris Taylor and Truman Harford would sue their former partner when it transpired that he had simply pinched the idea from another brewer.

And they pioneered the use of mules as drays, so as not to shake up the beer. John Lawrence wrote in 1796: "The practical arguments, of Messieurs Trueman [sic] Harford and Co of Limehouse are of more validity than a whole folio of my theoretical ones. The drays of those gentlemen have for some months past been drawn by three mules each, the highest of which did not appear to me above 14 hands. They carry three butts of beer from Limehouse to London, the same weight precisely which the London drays carry with three large horses."

The two now running the concern had more in common than just beer. Both were Quakers (the Society of Friends has a long association with English brewing) and



(Top) A map of Limehouse from 1830 – the brewery site is marked in yellow (Middle) The Truman Brewery in Brick Lane (Left) Charrington in Mile End Road

Sources
With thanks to <http://www.pigsear.org.uk/brewery.html> <http://zythophile.wordpress.com/2010/10/04/taylor-walker-the-brewery-name-that-just-wont-die/>

er, Isaac Walker, came on board in 1816 (he was just 22 so it's likely that he was bringing investment to the growing firm) the brewer was London's tenth largest – the giants were long-vanished names Henry Meux and Barclay Perkins.

By 1868, the brewery was shipping India Pale Ale to Bombay, and in 1889 a huge new brewery was built, now named the Barley Mow brewery, which should stir some memories for Limehouse dwellers, though this was named after an earlier boozier in Narrow Street rather than the one later bought by Gordon Ramsay.

Now came a great wave of East End consolidation – this in the days of tied houses, when a pub could only sell its own brewer's products.

John Furze & Co of the St George Brewery in the Commercial Road, not far from Limehouse, was bought in 1901. Smith Garrett and Co of the nearby Bow Brewery (once owned by the Hodgsons, famed for their India Pale Ale), was bought in 1927, as were the Victoria Wine Company off-licences. Curtis & Co, a gin distillery in the nearby Mile End Road, was also snapped up.

In March 1941 German incendiary bombs set the brewery on fire, halting production for 18 months, and forcing Taylor Walker to rely on other breweries to supply its pubs. But in 1959 Taylor Walker was still brewing at Limehouse, controlling an estate of 1,360 pubs and off-licences, with 650 in London, when it announced that it was to be taken over by Ind Coope, and so the grim consolidation that ended with the megabrewers began. Taylor Walker? It's now just a name on a pub.

But the wheel has turned again, and the small brewers are back... even the famous name of Truman has been reborn in Hackney Wick. So raise a glass, to the glorious confusion and unquenchable spirit of enterprise of the London craft brewer.

Map of London breweries in 2014
<http://goo.gl/maps/jlkzh>

Truman's Runner and seasonal ales are stocked by a number of East End pubs including the Ten Bells, 84 Commercial Street, E1, the Water Poet, 9-11 Folgate Street, E1, and the Palm Tree in Mile End Park, 127 Grove Road, E3. Or buy bottled Runner at A Gold's deli, 42 Brushfield Street, E1.


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You're a babe
Think of you 24/7 xxx



ABDEL,
You're perfect your voice, your
laughter, your existence, every
moment is magical with you.
Love you more every day
Nehar xxx



Delab,
Distance matters to the mind
not the heart. Your love is so
magical hope this magic lasts
forever.

Dhipa xxx



To my darling **Mick Moran**
Happy Valentine's Day
All my love **Janet Moran xxx**



To my husband **Terry**
Happy Valentine's
All my love **Pat xxx**



Baby SG,
Our first year has blown my
mind, so beautiful like you.
Always & forever
Your Baby xxx



Firuzaq,
You're my first thought every
morning when I open my
eyes and my last every night
when I close them.

Aziz xxx



To my baby **Foj,**
Happy Valentine's Day bbe.
Hope you have a lovely day,
I love you sooo much!
Love ur baby s xxx



I would like say Happy
Valentine's & New Year's to
my mum **Asma Begum,**
dad **Arju Miah** sister **Jasmin**
& **Tahmina.**
From **Helal Miah xxx**



Manuti,
You are the sweetest cat in
town. Love you with all my
heart. Your one and only
Hippo Mamma xxx



To my soul mate, my best
friend, my life companion, it's
been 5 years that we have
been together, love you loads
Shan, your MrPerfect xxx



My sweetest hubby
I love u more than ul eva kno,
You are an ace dad n a super
Hubby! xxx



My Teddy
Night is falling my heart is
calling, I feel so lonely I
need you only but I've got a
teddy that I take to bed if
you'll be my Valentine I'll
take you instead
Love ur wifey xxx



To **Bluey,**
I love you with all my heart.
You and Olive are my world
Love from **Pinky xxx**



To **Mr Naga Zaman,**
Wen we got married u wer
my Deshi naga hot n spicy,
now ur my londoni baba
naga, mild n fragrant.
Love **Mrs Naga Zaman! xxx**



To my dear **Maryam Goni,**
I love you and I will always
love you. You are the BEST.
Love **Umm Maryam xxx**



Happy Valentine's Day my
Musi.
Love your **Chou Chou xxx**



Dean sexybum,
Words can't express how much
I love you 4 always & 4 ever.
Princess Toni xxx



To my love, Father of
Maryam and Isa Goni, there
isn't any need for a special
day to say that I love you and
will forever do ia!
Love **R Begum xxx**



To The Hottest Guy in Tow-
er Hamlets, **Hasnath**
Roses are Red, Violets are
Blue, Boy you're Soo Sexy, I
can't keep my eyes off you.
Love You Always.
From **Your Wifey xxx**



Sal,
I love you with all my heart
and promise to give you a
better life...

EM xxx



To **Rushna,**
I LOV YOU.
Nahid E14 xxx



Key,
You rock my work. I love you
massively Yummo, **DD xxx**



To my **bondhu, SB.**
If words could explain how
much you mean to me...
Miss you always -
Jay (Teddy) xxx



Sonia & Coco just made
for each other!
Coming up to eight years
and we still going strong.
Bless us



To **Shumena,**
There has never been anything
or anyone in this world who
can bring so much happiness
into my life the way you do.
You are that one person who
knows me inside out and loves
me unconditionally. I will
always love you and never let
you go. From your husband
Azid xxx



To **Shuhena (Juthy)**
Thank you for being such a
wonderful sister and a friend.
Love **Azid xxx**



Happy 10th Valentine's Day to
my **east end boy.** I love you
more today than yesterday
but less than tomorrow.
Endless love from your
Scottish lass xxx



T.T.
Happy Valentine's Day.
Here's to a future of nights
in, days out and Shepherd's
Pie. I love you and I always
will. **Mick xxx**



I love you so much being
with you is so fun, I've never
met someone perfect like you
By **Ashraf xxx**



Noorjahan,
The greatest achievement in
my life thus far has been to
love you and be loved by you.
Hassan xxx



Thanks **Farhan** for making my
life beautiful and all the love
you have for me.
Always yours **Hina xxx**



T,
Love is not about how much
you say 'I love you,' but how
much you can prove that it's
true. **N xxx**



I'm happy, SO happy!
Then I'm feeling SO sad;
I'm gloomy, I'm joyful My
poetry is bad. But I will love
you always **Snooks xxx**



33 Years today: Happy
Valentine's **Micky Baker.**
Love You Lots
Natalie xxx



Happy 5th Valentine's Baby!
The sweetest memories I have,
are the ones I have made with
you, you make my life com-
plete. Love you Babz
From **Shaz xxx**



Dearest **Elizabeth,**
The best decision I ever made
in my life was marrying you,
you are my true soulmate.
Sean xxx



Happy Valentine's and 2 year
anniversary to two love birds
Mr & Mrs Rahman!
Love **Saaniya & Refah xxx**



To my sexy **G,**
You came into my life &
turned it upside down but I
wouldn't have it anyother
way! 5 years later & I love
you more than ever!
Love **Mrs G xxx**



King Shah,
I Love You, You Love Me
Every Single Day!!!
Famzy xxx



Michelle,
Hi babe just a quick message
2 let u know that I luv u.
Happy Valentine's Day
Mo xxx



Mr Ali,
I love u. Love **Rothna xxx**



A great husband and a
loving father. We couldn't
ask for anything more. Just
the three of us....
Love you lots, **F & Daniyal**
xxx



Pompey you truly are the best
husband in the world, so lucky
to have you. Love from your
darling **Wife xxx**



IXCHEL,
You are everything that is
good in my life. I will love you
forever. Please don't doubt.
R xxx



Thank you for a lovely
daughter **YaYa**
Love you always xxx



Otmitt,
Just want to tell you I'm very
happy to be with you on our
first Valentine's in UK.
Coney xxx



Happy Valentine's Day to my
baby **Sonia,**
You will always be my one
and only love you always
"Kay" xxx



To **Imrana Begum** (My
Darling Row Babe)
Happy Valentine's Day!
I love you so much
Lots of hugs and kisses,
From **K xxx**



Dear **Wifey (Khais Mom),**
Loved you yesterday,
Love you today Will love you
always & forever. Lots of love
Khais Dad xxx



To **Tasnima Jahan Chy**
I dubb you my lile babu
Love from **Shontrash Foysol**
xxx



To my beautiful **Spanish**
girlfriend,
I love your new hairstyle, it
makes you look even sexier
xxx



My Haribo!
Still no life or world 4me
without you in it with me.
I love you always
Ur **Ducky! xxx**



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The Darling,
I love ya.
FTM XX ;)



Olly Doors,
Happy Valentine's Day! Love
Ur Ol Man the **Dusty xxx**



To our gorgeous babies **Maya & Aman** we love you more every day & we thank Allah for these 2 angels!!
Love **MAA & DA-DEE xxx**



TJ,
You are the best and most beautiful thing in my world.
Love **Carly xxx**



Roses still to wake from winter. No daffys or bluebells too. Spring will soon come hither, bringing love and kisses to you. Be my Valentine
Caroline?
Love **Adam xxx**



To my husband **Dhobir Akhtar,**
Missing you is my hobby,
caring for you is my job,
making you happy is my duty
and loving you is my life.
Farhana Yasmin xxx



Gracias, amor, muchas gracias por hacerme tan feliz, por estar siempre a mi vera, nianoniano nianoniano, que viviste junto a mí



To **Daddy (Bah)**
Thank you for being the best daddy ever!! Love u lots like jelly tots **Princess Lacey & Mummy xxx**



Shahad,
Your smile is the cutest thing ever :) Words can't explain how much I Love You..
Love **Anniiee xox**



To my **Fossa Furi,**
Happy Valentine's Day. You're the love of my life.
WILL YOU MARRY ME?
Love from your **Fossa Fwa xxx**



Happy Valentine's Day **Zam.**
I love u always and forever.
Nazz 4 rima
Zamai + bow xxx



Happy Valentine's **Debra & Mia Baker.**
Have a lovely day.
Love you two **Natalie xxx**



Chunk,
I love you with all my heart u are my cuddly sue panda.
love **big old grizzzzly xxx**



My **Santorini Jannie,**
The rock awaits us minus Flat Stanley. Love from your
Taibach Tiger xxx



My **Jaanu,**
You're the bestest!
Let's continue our journey, & build 'Our Empire'.
Love you babe!
Your **Aloo! xxx**



To My **Gorgeous Sisters (11RA)**
I Love You Guys Dearly,
Love **Anisah Begum ;) xxx**



To **N. A. Khan,**
Our encounters although brief, I always cherish the moment, forever waiting a chance for your heart.
From **A.R xxx**



To my husband **AL,**
Thank you for always being there, always caring & looking out for me. Love you,
N xxx



Anne-Marie,
A hundred hearts would be too few to carry all my love for you. Happy Valentine's Day babe.
All my love **Paul xxx**



To **Dip..**
When I look back on all the special moments we've shared through the years, I can't help but fall in love with you all over again. Happy Valentine's Day to my best friend and the love of my life.
From **Del xxx**



Jake B,
You are irreplaceable and irresistible. Together we'll make this unbreakable.
Luv **U. K xxx**



Roses are red, violets are blue,
I'll love him forever – or til I'm shopping for shoes. Lots of love to **Stepney G xxx**



Nancy Clancy
You're my star, Love you always & forever. **Little boy Blue xxx**



Happy Valentine's Day to my beautiful wife and to my **Twinkle Twinkle Little Star.**
Love **Daddy xxx**



Love goes to my lil family in a large way.
AnR 4eva xxx



Happy Valentine's Day **Saidir.**
Love from your favourite
Apprentice xxx



I only have eyes for you, and to you, I will always be true. You and me is like peas and carrots, we always go well together! Love your lady **xxx**



To **J&N,**
Happy Valentine's Day Love **Wellington.** Do I get a dog treat?



I love you for all that you are, all that you have been and all you're yet to be
RaNadira xxx



Zak's the best dad/husband ever!! And to share our union with a two year old! Love from **Monster & Me! xxx**



To my **Limehouse Lover**
When football isn't pressing, and transport isn't bad, our love life blossoms in Limehouse, driving all the neighbours mad. Happy Valentine's Day **Cheri xxx**



It's lovely when I'm sleeping, especially with you, because you're my angel **Gabriel** and I'm so in love with you!
For **Harry,** from **Barry xxx**



Hafsa,
"Valobasha sheto poddo patar jol"
Nazrul Poplar xxx



Samad,
Happy Valentine's Day. Thanks for the £200 worth of gifts. Love from **Besty xxx**



Elizabeth,
My life only truly started when you entered it, My love for you and Johnathan is eternal.
Love **Sean xxx**



Happy Valentine's to my two beauties **Louis Baker/Nadine Baker.** Love you to the moon and back!
Mum xxx



Happy Valentine's Day to our beautiful Nans **Aisha, Fatima, Selina & Rumena.** We love you loads even though we drive you nuts. Love your naughty Grandsons **Yasin & Yahyaa xxx**



You'll always be my **Buzz Lightyear** – my love is to infinity and beyond!
Jessie xxx



Taslima H,
Thui dongo ghor bathisha.
From **Thor Boss xxx**



James,
Roses are red, some white or pink. How do I love you? More than you think. Valentine's says it's best. Lets move in and make a nest?
Love **Janet xxx**



The ideas of Valentine's bring love expressed. Roses, chocolates, jewels and cards! But nothing will beat the sentiment, of an ardent cash-strapped bard. Love to my Leading Lady from your **PoorPoet 2014**



William,
I want to be your Valentine. Meet me for Moussaka and Mash?
From **Peyton xxx**



Happy Valentine's **AJ.**
My Dancing Queeeeen **xxx**



I'm not supposed to love you, I'm not supposed to care I'm not supposed to live my life, wishing you were there I'm not supposed to wonder where you are or what you do I'm sorry I just can't help myself, I fell in love with you. Lv always, **Vash xxx**



To **Sophia A (E14)**
Love is gentle love is kind Love is when...
...two lives combine.
Marry me? Taz xxx



If a kiss were a raindrop, I'd send you showers.
If hugs were a second, I'd send you hours.
If smiles were water, I'd send you the sea.
If love was a person, I'd send you me....will you be my Valentine **Abs?**
Rach xxx



Love is being with you, Someone saying I love you too, love is your sexy kiss, Something I don't want to miss, Can't wait for later Party Princess! **Txxx**



Shaimaa,
I keep falling in love with you!
Amar xxx



Let the world stop turning, let the sun stop burning. I'll be there 4U
Gilly5 xxx



Bubs,
The East End flower seller trades floral symbols of love Buy one for your fella and wish on a star above
Your **Modern Man @----**



Happy Valentine's Day to my special Nana's **Abdullah, Gous, Aminur & Jalal.**
Love your one & only granddaughter **Shay-Shay (a.k.a Zaynah) :-)**



S Sanser,
I loved you then, I love you still, always have, always will.
Always xxx



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W: www.regentslake.co.uk E: info@regentslake.co.uk
Tel: 020 7998 9455



A range of services
The council provides many services for residents and businesses. Go to the A-Z on the website at

www.towerhamlets.gov.uk

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, February 11

6.30pm: Licensing sub-committee

The agenda includes application for new premises licence for London Cocktail Club, Unit 12, Avant Garde, 32-42 Bethnal Green Road, E1 and for Preem, ground floor & basement, 118-122 Brick Lane, E1. More details on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Wednesday, February 12

7pm: Development committee

The agenda includes planning applications for: variation of planning permission (extend opening times) granted 30.3.11 for hot food take-away at 375 Cable Street, E1; extensions and alterations to Coborn Arms, 6-10 Coborn Road, E3. For details call 7364 4877 or

email zoe.folley@towerhamlets.gov.uk

Tuesday, February 25

7pm: Strategic development committee

Details from Zoe Folley (see above).
7.30pm: pensions committee
More information from 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Wednesday, February 26

7.30pm: Council

For details call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

www.towerhamlets.gov.uk/welfarereform

Roses are red, hygiene ratings are green & black

AFTER flowers or chocolates, the next big question that's usually on the agenda for Valentine's Day is whether to go out to that romantic restaurant or enjoy a quiet meal in.

If the recipe is for eating out or in, make sure to choose one of the 2,683 eateries in Tower Hamlets with a rating of 3 or more.

The food hygiene rating scheme rates food businesses on their hygiene standards, based on inspections carried out by the council.



Businesses in the area are rated on a scale ranging from 0 – which means 'urgent improvement necessary' – to a top rating of 5 which is 'very good'. So, whether reserving a table at that romantic hotspot or the

cosy little café, or planning to order a takeaway for a romantic meal, make sure to check the hygiene rating first.

Look out for the green and black rating stickers displayed on windows and doors. If you can't see a sticker, then ask staff or check online at www.food.gov.uk/ratings

If you have any concerns about food premises in the borough, call the council's consumer and business regulations service, food team on 7364 5008 or email foodsafety@towerhamlets.gov.uk

Planning

E1

Suttons Wharf North, Palmers Road – application for variation of condition of planning permission PA/11/3348, dated 30.3.12 to seek minor material amendments to approved Block A of the development comprising: removal of two ground floor links between building A1 and A2, and A2 and A3, and creation of three separate non-residential units; insertion of additional internal floor level (no resulting increase of heights to consented buildings); alterations to dwelling mix within Block A, resulting in net increase of 41 residential units; other associated external alterations.

E1W
St Katharine Docks, St Katharine's Way – certificate

of lawfulness for proposed use of ten existing moorings for boats used as permanent residential accommodation.

E2
Flat 1, 2 Minerva Street – construction of new deck with privacy screens over existing courtyard to prevent overlooking from Hackney Road and installation of privacy screens to existing first floor balcony.

455 Hackney Road – construction of 32 shipping containers and change of use from existing (sui generis) to retail at ground floor level with office use for upper levels. The application is for three to five years use only.
Flat 18, Pepys House, Kirkwall Place – ground floor side extension to create additional two habitable rooms.

E3
104 Antill Road – excavation works to extend existing basement; formation of lightwell to front; restoration works to front facade.

E14
Unit 1, Block D, 14 Hertsmere Road – application for use of second 'Jumbrella' and installation of demountable 'clear' glass wind breakers.
1 Bank Street, Heron Quays West, Heron Quay – construction of temporary coffer dam into West India South dock and associated works.

This is not a definitive list of all current planning applications. For more details go to the council's website at www.towerhamlets.gov.uk

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service
Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

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020 7882 5722
for more information



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was taken in Boundary Street, E2.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

For other council enquiries call
7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these
24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress,
there is an emergency or if
anyone is in immediate
danger dial 999.

The council's domestic
violence team can provide
information, signposting and
referrals to local services.
Bengali speakers available

0800 279 5434 (office hours)
**24-hour domestic violence
national helpline**

0808 2000 247
**Haven Whitechapel (sexual
assault referral centre)**

7247 4787
**Karma Nirvana (Honour
Network Helpline)**

0800 5999 247
**Broken Rainbow
(LGBT domestic violence)**

0845 260 4460
**Black Women's Health
& Family Support**
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
**Victim Support Tower
Hamlets**

8555 8254
**NSPCC Child Protection
Helpline**

0800 800 5000
Childline

0800 1111
Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

**Reunite (advice about
child abduction)**

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

**Tower Hamlets Mediation
Service offers confidential
and impartial advice with
neighbour conflict**
Free service for council tenants
and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead,
off Bethnal Green Road, E2
Bow & North Poplar – John
Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market
Square, Chrisp Street, E14
Stepney & Wapping –
Idea Store Watney Market,
260 Commercial Road, E1.
**Open Mon-Fri, 9am, doors
close at 4.30pm. Sat, 9am,
doors close 12.30pm at
Rushmead and Idea Store
Watney Market only.**

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill
Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel
Road, E1. 7364 4332
Watney Market –
Commercial E1. 7364 4332
All open: Mon to Thurs,
9am-9pm; Fri, 9am-6pm;
Sat, 9am-5pm. Sundays –
Bow and Chrisp Street
open, 10am-4pm;
Whitechapel, 11am-5pm; and
Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge
Heath Road, E2. 8980 3902
Cubitt Town – Strattondale
Street, E14. 7987 3152
All open: Mon, Tues, Weds
& Fri, 10am-6pm; Thurs,
10am-8pm; Sat, 9am-5pm.
**Local History Library and
Archives** – 277 Bancroft Road,
E1. Open Tues, 10am-5pm;
Weds, 9am-5pm; Thurs,
9am-8pm; Sat (1st & 3rd of
the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944



টাওয়ার হ্যামলেটস্ ইন্ ব্লুম প্রতিযোগিতার এওয়ার্ড বিতরণ

‘টাওয়ার হ্যামলেটস্ ইন্ ব্লুম’ শীর্ষক বার্ষিক বাগান প্রতিযোগিতায় বিজয়ীদের নাম ঘোষণা ও পুরস্কার বিতরণী অনুষ্ঠান ১৪ জানুয়ারী মাইল এন্ড পার্কের ইকোলোজী প্যাভিলিয়নে অনুষ্ঠিত হয়। ‘টাওয়ার হ্যামলেটস্ ইন্ ব্লুম’ কম্পিটিশন প্রতি বছর বারার বাসিন্দাদের তাদের উদ্যান-পালন অর্থাৎ বাগান করার দক্ষতা তুলে ধরার সুযোগ করে দেয়। বিস্তারিত পড়ুন নীচে-

BLOOMIN’ MARVELLOUS GARDENS BRIGHTEN UP THE BOROUGH

Harmony

Koolajka oo Ofsted u bogtey

Ofsted inspectors praise Tower Hamlets College – 994

WAXAA loo bogey heerki-isa waxbarasho oo kor u qaaday, waxaanay ku qiimeeyeen darajado ah in uu bilan yahay, iyaga oo carabka ku dhuftay in xoog saaray xirfadah shaqa helista, ee ardayda.

Kormeerayaashu waxay sheegeen in koolajku daymo gaar ah siiyo in uu bixiyo koorasyo la xidhiidha baahida bulshada, islamarkaana ay

guulo ka soo hooyeen natiijooyinka imtixaanada. Kuwaas oo kor u kacay, laga bilaabo 68% sannadkii 2010 ilaa 87% sannadkii 2013.

Maamulaha koolajka Gerry McDonald ayaa sheegay in aqoonsigani yahay mid muhiim ah oo qiraya isbedeladii aanu samaynay afartii sanno ee la soo dhaafay. Tower Hamlets immika wuxuu ka mid yahay kuwa ugu wanaagsan London,

siday Ofsted ogaateyna, horumar weyn ayaa dhakhso lagu gaadhey.

Kormeerayaashu waxay tibaaxeen macallimiinta kolajka ee hanka weyn ee xirfada leh marka la eego qorshaynta casharada iyo gudbintooda, islamarkaana waxay sheegeen in ardayd mabsuud ku tahay, heerkoodiina sare u kacay oo guulo ka soo hooyeen natiijooyinkii.

Xuska Mandela ee kawnsulka

KULANKII kawnsulka ee bishii la soo dhaafay, ayaa si buuxda loo xuskay Nelson Mandela, waxaanay isku waafaqeen in loogu magic daro dariiq ka mid ah Olombik Baaga Queen Elizabeth.

Kawnsularisku waxaa kale oo ay eegayaan bal xus joogta loogu sameeyo Tower Hamlets

Tribute to Nelson Mandela – issue 995

Nelson Mandela, oo geeriyooday, isaga oo ah 94, sannadkii la soo dhaafay, Disembar 5dii.

Kownsularisku waxay isku raaceen in Meeyarka Lutfur Rahman in uu misaanayad mu-naasabadaha bulshada ku daro mashruuca waxbarashada dugsiyada deegaanka, kaas oo

xooga saaraya raadkii ka hadhay Mudane Mandela laguna muujiyo bisha Oktobar ee Taariikhda dadka madawga ah.

Waxaa la isla gartay in mar walba la soo qaado oo la xusuusiyo dhalinyarada si ay ugu halgamaan caqiidadooda iyo in la wada wada noolaasha.

Danaha la iska caawin

DHAQAALA xummada oogan awgeed ayaa shidaalkii, cuntadii iyo guriyihii ay dadweynaha lacagtoodii culays badan saareen.

Sidaa daraadeed waxaa loo baahan yahay caawimo iyo talo raadsatid oo hab maamulka lacagaha kaa kaalmeeya.

Dad badan ayay dhibi ka haysataa in ay lacagtoodii isku fileysiiyaan. Markaa way adag tahay si dakhligaagu u kordhi lahaa, laakiin waxaa yeeli kartaa in kharashkaaga yarayso, oo waxyaabaha aab darruuriga ahayn aad iska dhaafto.

Tabahan ayaa wax ka tari kara maamulka lacagtaada.

■ Tax dhammaan dakhligaaga iyo kharjigaaga. Waxaa kaa caawin kara www.nationaldebttline.co.uk iyo www.moneyadviceservice.org.uk

Help to make ends meet – issue 995

www.moneyadviceservice.org.uk

■ Hubso kuwaad la macaamisha in ay kuwii ugu jabnaa yihiin, sida kuwa ku siya shidaalka, kuwa moobaylka iyo kuwa internetka iyo tukaanada, waad ka wareegi kartaa hadday kuw kuu dhaamaa jiraan. arrintana la kaasho www.adviceguide.org.uk

Baahiyaha kala duwan ee xagga dhaqaalaha ee dadka soo food saarata waxaad kula galgalan kartaameelahan.

■ Citizens Advice Bureau, 32 Greatorex Street, Whitechapel, E1.

Tel: 7247 1050

www.eastendcab.org.uk ■ Xrunta talada ee Island Island House, Roserton Street, Isle of Dogs, E14.

Tel: 7987 9379

www.island-advice.org.uk

■ Adeega talo bixinta, Toynbee Hall, 28 Commercial Street, E1.

Tel: 7392 2953

www.toynbeehall.org.uk

■ Madhruuca shidaalka Bariga London ee Fit, Xarunta Bromley by Bow, St Leonard's Street, E3.

Tel: 8709 9737

www.bbc.org.uk

■ Laymanka telefoonada kaalmada ee qaranka iyo web-saytyada. Laynka telefoonada qaranka ee deymanka.

Tel: 0808 808 4000

www.nationaldebttline.co.uk

■ Samafalka deynta ee Stepchange.

Tel: 0800 138 1111

www.stepchange.org.uk



টাওয়ার হ্যামলেটস্ ইন্ ব্লুম প্রতিযোগিতার বিজয়ীদের মধ্যে এওয়ার্ড বিতরণ অনুষ্ঠান

Bloomin’ marvellous gardens brighten the borough – 995

টাওয়ার হ্যামলেটস্ ইন্ ব্লুম শীর্ষক বার্ষিক বাগান প্রতিযোগিতায় বিজয়ীদের নাম ঘোষণা ও পুরস্কার বিতরণী অনুষ্ঠান ১৪ জানুয়ারী মাইল এন্ড পার্কের ইকোলোজী প্যাভিলিয়নে অনুষ্ঠিত হয়।

‘টাওয়ার হ্যামলেটস্ ইন্ ব্লুম’ কম্পিটিশন প্রতি বছর বারার বাসিন্দাদের তাদের উদ্যান-পালন অর্থাৎ বাগান করার দক্ষতা তুলে ধরার সুযোগ করে দেয়। ব্যালকনি থেকে শুরু করে প্যাটিও, ব্যবসা প্রতিষ্ঠান, স্কুলসমূহ যেখানে যারা অতি যত্নে নান্দিক বাগান, ফুলের সমারোহ সৃষ্টি করে বারাকে সৌন্দর্যমণ্ডিত করতে ভূমিকা রাখছেন, তাদের জন্যই এই প্রতিযোগিতা।

গাছ গাছালী, বনজ প্রাণী ও পরিবেশ সম্পর্কে জনসাধারণকে উদ্বুদ্ধ করতে জাতীয়ভিত্তিক

হ্যামলেটস্ কাউন্সিল এই প্রতিযোগিতার আয়োজন করে থাকে। চলতি বছর এই প্রতিযোগিতায় শতাধিক ব্যক্তি প্রতিষ্ঠান অংশ নিয়েছে।

নির্বাহী মেয়র, লুৎফুর রহমান বলেন, আমি যে কারণে এই প্রতিযোগিতাকে এত ভালোবাসি, তা হচ্ছে আমাদের প্রতিভাবান বাসিন্দাদের কঠোর পরিশ্রমের সুফল ভোগ করেন সবাই। এই প্রতিযোগিতায় বিপুল সংখ্যক বাসিন্দা ও সংগঠন অংশ নেয়ায় আমি খুবই সন্তুষ্ট এবং তারা সকলেই বারার সৌন্দর্য বৃদ্ধিতে ভূমিকা রাখছেন।

কেবিনেট মেম্বর ফর কালচার, কাউন্সিলর রানিয়া খান প্রতিযোগিতায় অংশগ্রহণকারী সকলকে ধন্যবাদ জানিয়ে বলেন, তারা সকলেই বারাকে সবুজ ও সুন্দর করে উপস্থাপনে অবদান রাখছেন।

এবার নিয়ে গত তিন বছর ধরেই গ্রে হোজ এবং এন্ড্রু উইবলি বেস্ট ওয়াইল্ড লাইফ

গার্ডেন এওয়ার্ড জিতে আসছেন। তাদের গার্ডেনটি বেকচার্চ লেন এ অবস্থিত।

বেস্ট রেসিডেন্সিয়াল গার্ডেন এওয়ার্ড জিতেছেন লেডি মিকো’র এলুহাউজের সু ওয়েল্ডন। তিনি বলেন, স্টেপনিতে অবস্থিত লেডি মিকো’র এলুহাউজ ১৮ জন অবসরপ্রাপ্ত সিঙ্গেল মহিলার জন্য আশ্রয়ের ব্যবস্থা করেছে। বাগান করাটা সব সময়ই অত্যন্ত গুরুত্বপূর্ণ কমিউনিটি এঞ্জিনিটিং, যা পরিবেশের সৌন্দর্য বৃদ্ধির পাশাপাশি সুস্থতার জন্য খুবই দরকারী সক্রিয় জীবন যাপনের সুযোগ করে দেয়।

শিক্ষামূলক স্থাপনায় সেরা গার্ডেনের এওয়ার্ড জিতেছে মাদশুট পার্ক এন্ড ফার্ম।

গত সামারে কাউন্সিল অফিসার মোহাম্মদ রাজা, পল স্যামুট, ক্যাথরিন ও’ব্রায়ান, এবং কীথ উডার্ড বিচারক হিসেবে গার্ডেনগুলোর বিচারকাজ সম্পন্ন করেন।

ঝুঁকিপূর্ণ পরিবেশে ঘর ভাড়া দেয়ায় ল্যান্ডলর্ডের ১৪ হাজার পাউন্ড জরিমানা

Landlord fined for breaching safety rules – page 23

অগ্নি ও বৈদ্যুতিক নিরাপত্তা আইন সহ সার্বিক নিরাপত্তা বিধি যথাযথভাবে অনুসরণ না করে ঘর ভাড়া দেয়ায় বাড়ির মালিককে জরিমানা করেছে আদালত।

বো রোডস্থ একটি বাড়ির মালিক বেকটনের হারিয়ার ওয়ে’র বাসিন্দা স্যামুয়েল জেনো ও তার স্ত্রী ওলুসলা জেনো’র বিরুদ্ধে এবং তাদের কোম্পানী এসএবি এসোসিয়েটস্, যেটি বো রোডস্থ প্রোপার্টির ব্যবস্থাপনার দায়িত্বে নিয়োজিত ছিলো, তাদের বিরুদ্ধে টাওয়ার হ্যামলেটস্ কাউন্সিলের এনভায়রনমেন্টাল হেলথ অফিসাররা সাফল্যের সাথে আইনি পদক্ষেপ নিতে সক্ষম হয়েছেন।

গত ২২ জানুয়ারী টেমস্ ম্যাজিস্ট্রেট কোর্টে শুনানিকালে মিঃ ও মিসেস জেনো এবং এসএবি এসোসিয়েটস্ এর বিরুদ্ধে আনীত অভিযোগ প্রমাণিত হলে আদালত সর্বমোট সারচার্জ সহ ১৪

হাজার ৭৬০ পাউন্ড জরিমানা করেন।

এরমধ্যে রয়েছে মিঃ জেনোকে ৫,৮০০ পাউন্ড, মিসেস জেনোকে ৪,৩০০ পাউন্ড এবং এসএবি এসোসিয়েটস্কে ৪,৩০০ পাউন্ড জরিমানা এবং তিন জনকে সারচার্জ বাবদ ১২০ পাউন্ড করে মোট ৩৬০ পাউন্ড।

ল্যান্ডলর্ড হিসেবে তারা জরুরী সিকিউরিটি, অগ্নি নিরাপত্তা ও বৈদ্যুতিক কাজ যথাযথভাবে করতে ব্যর্থ হয়েছেন। এই গাফিলতির বিষয়টি ২০১১ সালের ১১ মে প্রথম মিঃ জেনোর নজরে আনা হলেও ২০১৩ সালের ৫ ফেব্রুয়ারী পুনরায় পরিদর্শনে গিয়ে সন্তোষজনক ভাবে কাজ করা হয়নি বলে অফিসররা দেখতে পান।

এ প্রসঙ্গে নির্বাহী মেয়র, লুৎফুর রহমান বলেন, যে বাড়ি বা ঘর ভাড়া দিচ্ছেন, তার সার্বিক নিরাপত্তা নিশ্চিত করা বাড়ির মালিকদের যেমন

নৈতিক দায়িত্ব, তেমনি আইনি বাধ্যবাধকতাও রয়েছে। যেসকল ল্যান্ডলর্ড প্রয়োজনীয় নিরাপত্তা নিশ্চিত করতে ব্যর্থ হচ্ছেন, তাদের বিরুদ্ধে আইনী পদক্ষেপ নেয়ার মাধ্যমে ভাড়াটেকদের রক্ষায় কাউন্সিল কঠোর পরিশ্রম করে যাচ্ছে।

ডেপুটি মেয়র, কাউন্সিলর অহিদ আহমদ বলেন, যে ল্যান্ডলর্ড তার টেনেন্টদেরকে ঝুঁকিপূর্ণ অবস্থায় থাকতে বাধ্য করছে, তাদের বিরুদ্ধে আদালতের এই জরিমানাকে আমরা স্বাগত জানাই। প্রোপার্টি ভাড়া দেয়ার ক্ষেত্রে নিরাপত্তামূলক বিধি বিধান সম্পর্কে প্রয়োজনীয় সকল পরামর্শ প্রদানের জন্য এনভায়রনমেন্টাল হেলথ অফিসাররা সদা নিয়োজিত রয়েছেন।

এ ব্যাপারে যে কোন তথ্য জানতে হলে ০২০ ৭৩৬৪ ৫০০৮ নাম্বারে ফোন করতে অনুরোধ করা হয়েছে।



এনার্জী কো-অপে যোগ দিতে বাসিন্দাদের প্রতি আহ্বান

সাশ্রয়ী দামে গ্যাস-বিদ্যুৎ লাভের লক্ষ্যে সরবরাহকারী পরিবর্তনের নিলামের জন্য যেসকল বাসিন্দা নিজেদের নাম তালিকাভুক্ত করেছেন, তারাও যোগ দেবেন সেই সকল শত শত বাসিন্দার তালিকায়, যারা এরই মধ্যে তাদের বার্ষিক এনার্জী বিলে গড়ে ১৩০ পাউন্ড সাশ্রয় করেছেন। বিস্তারিত পড়ুন নীচে -

SIGN UP TO THE COUNCIL'S ENERGY CO-OP

Harmony

গ্যাস-বিদ্যুত বিলে অর্থ সাশ্রয়ের লক্ষ্যে এনার্জী কো-অপে যোগ দিতে বাসিন্দাদের প্রতি আহ্বান

সাশ্রয়ী দামে গ্যাস-বিদ্যুৎ লাভের লক্ষ্যে সরবরাহকারী পরিবর্তনের অকশন বা নিলামের জন্য যেসকল বাসিন্দা নিজেদের নাম তালিকাভুক্ত করেছেন, তারাও যোগ দেবেন সেই সকল শত শত বাসিন্দার তালিকায়, যারা এরই মধ্যে তাদের বার্ষিক এনার্জী বিলে গড়ে ১৩০ পাউন্ড সাশ্রয় করেছেন।

জ্বালানী-সাশ্রয়ে টাওয়ার হ্যামলেটস কাউন্সিলের উদ্ভাবনী স্কীম হচ্ছে টি.এইচ.ই কমিউনিটি পাওয়ার, যা ২০১২ সালে চালু করা হয়। এই স্কীমের লক্ষ্য হচ্ছে কিভাবে এনার্জী সাশ্রয় করা যাবে সেই সম্পর্কে পরামর্শ দেয়ার পাশাপাশি অর্থ সাশ্রয়ে বাসিন্দাদের জন্য সুযোগ সৃষ্টি করা।

লন্ডন ব্যাপি সুইচিং ক্যাম্পেইন “দ্যা বিগ

Sign up to the council's energy co-op – issue 995

লন্ডন এনার্জী সুইচ” এ যোগ দেয়ার মাধ্যমে বাসিন্দারা তাদের এনার্জী প্রোভাইডারদের কাছ থেকে সম্ভাব্য ন্যায্য দামে গ্যাস-বিদ্যুত যাতে লাভ করতে সক্ষম হন, সেজন্য এই স্কীম বাসিন্দাদের সাহায্য করে থাকে। অকশন-স্টাইল সিস্টেম ব্যবহার করে এনার্জী কোম্পানীগুলো তাদের সর্বাধিক প্রতিযোগিতাপূর্ণ মূল্য হার উপস্থাপন করে। এর মধ্য থেকে সবচেয়ে কম দামের এনার্জী ট্যারিফ প্রদানকারী কোম্পানীর কাছ থেকে জ্বালানী ক্রয় করতে সক্ষম হন তালিকাভুক্ত যে কেউ।

২০১৩ সালের নভেম্বর মাসে অনুষ্ঠিত হয়েছিলো শেষ অকশন বা নিলাম। টাওয়ার

হ্যামলেটসের যে সকল বাসিন্দা প্রোভাইডার পরিবর্তনের সিদ্ধান্ত নিয়েছিলেন, তারা তাদের বার্ষিক গ্যাস-বিদ্যুত বিল খাতে প্রায় ১৩০ পাউন্ড সাশ্রয় করতে সক্ষম হয়েছেন। অধিকাংশই সাশ্রয় করেছেন প্রায় ১৬০ পাউন্ড।

আগামী ১৮ ফেব্রুয়ারী অনুষ্ঠিত হবে পরবর্তী অকশন। এখনও সময় আছে এই স্কীমে নিজেদের নাম তালিকাভুক্ত করার। ১৭ ফেব্রুয়ারী সোমবার ১১.৫৯ টার মধ্যে অনলাইনে কিংবা বিকাল ৫ টার মধ্যে ০৮০০ ৫০৮ ৮৩৬৪ নাম্বারে ফোন করে যে কেউ নিজেদের নাম রেজিস্টার করতে পারবেন।

এ প্রসঙ্গে নির্বাহী মেয়র, লুৎফুর রহমান বলেন,

গ্যাস-বিদ্যুতের মূল্য বৃদ্ধি এবং জীবন যাত্রার ব্যয় বেড়ে যাওয়া নিয়ে বর্তমানে বাসিন্দারা খুবই উদ্বিগ্ন। এমনই এক কঠিন সময়ে টি.এইচ.ই কমিউনিটি পাওয়ার স্কীম বাসিন্দাদের অধিকতর জ্বালানী সাশ্রয়ী ও অর্থ স্বল্পে সহযোগিতা করছে। যদি আপনি এখনও রেজিস্টার্ড না হয়ে থাকেন, আমি অনুরোধ জানাবো আগামী অকশনে অংশ নিয়ে দেখুন গ্যাস-বিদ্যুত খাতে আপনি কিভাবে অর্থ সাশ্রয় করতে পারছেন।

আপনার আগ্রহ নিবন্ধন করতে ০৮০০ ৫০৮ ৮৩৬৪ নাম্বারে ফোন করুন অথবা ভিজিট করুন www.towerhamletsgov.uk/energy এই ওয়েবসাইট।

সকল ধর্মের প্রতিনিধিদের অংশগ্রহণে হলোকাস্ট স্মরণ সভা অনুষ্ঠিত

Interfaith service to mark Holocaust Memorial Day – issue 995

হলোকাস্ট মেমোরিয়েল দিবস উপলক্ষে গত ২৬শে জানুয়ারি বারার সকল কমিউনিটি ও ধর্মীয় নেতৃবৃন্দ এক অনুষ্ঠানে যোগ দিয়ে হলোকাস্ট নিধনযজ্ঞের নির্মম শিকার যারা হয়েছিলেন, তাদের স্মৃতির প্রতি শ্রদ্ধা নিবেদন করেন।

টাওয়ার হ্যামলেটস কাউন্সিলের উদ্যোগে পূর্ব লন্ডনের নেলসন স্ট্রীটের ইস্ট লন্ডন সেন্ট্রাল সিনাগগ এ বার্ষিক আন্তঃধর্মীয় স্মৃতি উদযাপন অনুষ্ঠান অনুষ্ঠিত হয়।

উল্লেখ্য, দ্বিতীয় মহাযুদ্ধের সময় নাজি বাহিনীর হাতে আনুমানিক ৬ মিলিয়ন ইহুদি প্রাণ হারান। ১৯৪৫ সালে মিত্র বাহিনী দখল নেয়ার পর এই হত্যাজ্ঞার অবসান ঘটে।

এ বছরের প্রতিপাদ্য বিষয় হচ্ছে ‘অভিযাত্রা’। অনুষ্ঠানে খ্রীষ্টান, মুসলমান, ইহুদি, ক্যাথলিক, শিখ, বাহাই এবং বৌদ্ধ ধর্মের মধ্যে সেতুবন্ধ রচনার লক্ষ্যে অনুষ্ঠান সাজানো হয় সংগীত, কবিতা ইত্যাদি দিয়ে।

টাওয়ার হ্যামলেটসের ডেপুটি মেয়র, কাউন্সিলর ওহিদ আহমদ (ছবি উপরে, ডান থেকে দ্বিতীয়) বলেছেন, হলোকাস্ট শুধু মনে রাখার জন্যে নয়, এটি বর্বরতার বিরুদ্ধে রুখে দাঁড়ানোর আহ্বান জানায় এবং সমাজ থেকে বঞ্চনা, বর্ণবৈষম্য এবং বর্ণবিশ্লেষের বিরুদ্ধে লড়ার অঙ্গীকার ঘোষণা করে।

এই স্মরণ সভায় টাওয়ার হ্যামলেটসের



Community and religious leaders pay their respects to the victims of the Holocaust

স্পীকার কাউন্সিলর লেজলি প্যাভিটও যোগ দেন। সভায় বিভিন্ন ধর্ম ও বিশ্বাসী গ্রুপের প্রতিনিধিরা অতিথি বক্তা হিসেবে বক্তব্য রাখেন।

এদিকে, টাওয়ার হ্যামলেটসের নির্বাহী মেয়র লুৎফুর রহমান সিটি হলের অনুষ্ঠানে যোগ দেন এবং নির্যাতিতদের প্রতি শ্রদ্ধা নিবেদন করেন এবং

বিশ্বে অনুষ্ঠিত আবিচারের প্রতি আলোকপাত করেন। কাউন্সিল এই দিবস উপলক্ষে আয়োজিত অনুষ্ঠানগুলোকে সমর্থন ও সহযোগিতা প্রদান করে।

সত্তোর্থ মহিলাদের স্তন ক্যান্সার সম্পর্কে সচেতন করতে জাতীয় প্রাচারাভিযান শুরু

Be clear on breast cancer, at any age – issue 995

সত্তোর্থ মহিলাদের স্তন ক্যান্সার সম্পর্কে সচেতনতা সৃষ্টি করতে এনএইচএস এর নতুন একটি প্রচারাভিযানে সর্বাঙ্গিক সমর্থন জানিয়েছে টাওয়ার হ্যামলেটস কাউন্সিল।

৩ ফেব্রুয়ারী থেকে গোটা ইংল্যান্ডে শুরু হয়েছে ‘ব্রেস্ট ক্যান্সার ইন উইম্যান ওভার ৭০’ ক্যাম্পেইন, যা ১৬ মার্চ পর্যন্ত চলবে। এই ক্যাম্পেইনের লক্ষ্য হচ্ছে, ৭০ বা ততোর্ধ বয়সী

মহিলাদের স্তন ক্যান্সারের উপসর্গ সম্পর্কে সচেতন করা। প্রচারাভিযানের মূল বার্তাটি হলোঃ “ব্রেস্ট ক্যান্সারে আক্রান্ত প্রতি ৩ জনের ১ জনই হচ্ছেন ৭০ উর্ধ বয়সী, তাই কখনোই ধরে নি-বন না যে আপনি নিরাপদ আছেন।”

ডিরেক্টর অব পাবলিক হেলথ টাওয়ার হ্যামলেটস, ডক্টর সোমেন ব্যানার্জী বলেন, আপনি যত বয়স্ক হচ্ছেন, স্তন ক্যান্সার হওয়ার ঝুঁকি ততই

বাড়ছে। যদি ব্রেস্ট ক্যান্সার শুরুতেই চিহ্নিত করা যায়, তা হলে তা চিকিৎসায় সারিয়ে তোলা সম্ভব। তাই রোগের শুরুতেই ধরে ফেলতে পারলে আপনার জীবন রক্ষা পাবে।

ইংল্যান্ডে সবচেয়ে কম ক্যান্সার হচ্ছে ব্রেস্ট ক্যান্সার, প্রতি বছর প্রায় ৪১ হাজার ৩০০ মহিলা ব্রেস্ট ক্যান্সারের চিকিৎসা নিয়ে থাকেন। তাদের মধ্যে ১৩ হাজার ৫০০ জনের বয়স ৭০ বা তার

চেয়ে বেশি বয়সী। এই বয়স-গ্রুপের ব্রেস্ট ক্যান্সার আক্রান্তদের প্রায় ৫ হাজার ৪০০ জন মারা যান প্রতি বছর। কেবিনেট মেম্বার ফর হেলথ এন্ড ওয়েলবিং, কাউন্সিলর আব্দুল আসাদ বলেন, ৭০ বা ততোর্ধ বয়সী মহিলাদের এটাই স্মরণ করিয়ে দেয়া হচ্ছে যে, তারা এখনও ব্রেস্ট ক্যান্সারের ঝুঁকির মধ্যে রয়েছেন। নিজেদের স্তনের যে কোন পরিবর্তন সম্পর্কে সচেতন হওয়া খুবই গুরুত্বপূর্ণ।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

অপ্রাপ্ত বয়স্কের কাছে সিগারেট বিক্রি করায় জরিমানা

অপ্রাপ্ত বয়স্কের কাছে সিগারেট বিক্রি করায় এক ব্যবসায়ীকে অর্থ দণ্ডে দণ্ডিত করেছে আদালত। ডানব্রীজ স্ট্রীটের মির্জা সুপার মার্কেট লিমিটেডের মালিকানাধীন বেথনাল গ্রীনের ওয়েভার্স ফিল্ড মিনি সুপার মার্কেটের পরিচালক জুয়েল মির্জা অপ্রাপ্ত বয়স্কের কাছে সিগারেট বিক্রি করার অপরাধ স্বীকার করায় টেমস ম্যাজিস্ট্রেট কোর্ট তাকে ৭৭০ পাউন্ড অর্থ দণ্ডে দণ্ডিত করে।

গত বছর জুলাই মাসে কাউন্সিলের ট্রেডিং স্ট্যান্ডার্ড বিভাগ পরীক্ষামূলকভাবে তামাকজাত দ্রব্য কেনার জন্যে ১৫ বছরের একজন কিশোরীকে পাঠালে বিক্রোতা তার কাছে তামাকজাত দ্রব্য বিক্রি করে, যা বেআইনী।

উল্লেখ্য যে, কাউন্সিল অপ্রাপ্ত বয়স্কদের কাছে সিগারেট, এরোসল, মদ বা তামাক জাতীয় দ্রব্য বিক্রি করার ব্যাপারে বিধি নিষেধ আরোপ করে। দোকানিদের এ ব্যাপারে সচেতন করার জন্যে টাওয়ার হ্যামলেটস কনজিউমার এন্ড বিজনেস রেগুলেশনের পরিচালনায় ‘আভারএইজ সেইলস এন্ড রেসপনসিবিলিটি’ স্কীম চালু করেছে, যাতে দোকানিরা অংশ নিয়ে তাদের সচেতনতা বৃদ্ধি করছেন।

ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেন, “আমি দোকানিদের ‘আভারএইজ সেইলস এন্ড রেসপনসিবিলিটি’ স্কীমে যোগ দেয়ার জন্যে আহ্বান জানাচ্ছি। এই স্কীমে যোগ দেয়ার ফলে দোকানিরা অপ্রাপ্ত বয়স্কদের জন্যে নিষিদ্ধ পণ্য বিক্রয়ে তাদের কি করণীয় সে বিষয়ে পরামর্শ পাবেন।”

এই স্কীমে যোগদানকারি দোকানিরা একটি বেস্ট প্র্যাকটিস অঙ্গীকারনামায় স্বাক্ষর করেছেন। তারা চ্যালেঞ্জ ২৫ এ বর্নীত শর্তগুলো বাস্তবায়নের অঙ্গীকার করেছেন। স্টাফ ট্রেনিং রিফিউজাল লগ সংরক্ষণের মাধ্যমে অপ্রাপ্ত বয়স্কদের জন্যে নিষিদ্ধ পণ্য বিক্রি বন্ধ করা হবে। এ ছাড়াও দোকানিদের জন্যে তথ্য ও পরামর্শ সংক্রান্ত একটি প্রমোশনাল প্যাকও প্রদান করা হয়েছে, যাতে এজেন্সিগুলো-র সাথে যোগাযোগের বিবরণ রয়েছে।

টাওয়ার হ্যামলেটস কনজিউমার এন্ড বিজনেস রেগুলেশনস সার্ভিস সম্পর্কে আরো জানতে হলে ০২০৭ ৩৬৪ ৫০০৮ অথবা tradingstandards@towerhamlets.gov.uk - এই ইমেইলে যোগাযোগ করার জন্যে অনুরোধ করা হয়েছে।

ডাস্টবিন চুরি ঠেকাবে

স্মার্টওয়াটার

বারায় ক্রমবর্ধমান ডাস্টবিন চুরির সমস্যাটি প্রকট আকার ধারণ করেছে। ডাস্টবিন চুরি প্রতিরোধে টাওয়ার হ্যামলেটস স্মার্টওয়াটার সংগঠনের সাথে কাজ করার উদ্যোগ নিয়েছে।

সম্প্রতি টাওয়ার হ্যামলেটসে বিপুল সংখ্যক মেটাল বিন চুরি হয়ে গেছে। এই বিনগুলোর প্রতিস্থাপন করতে গেলে বিপুল পরিমাণ অর্থ কাউন্সিলকে ব্যয় করতে হবে।

এখন থেকে স্মার্টওয়াটার মেটাল বিন গুলোতে ট্যাগিং করে বিশেষ ধরনের লিকুইড দিয়ে মার্কিং করে দেবে। এই ফরেনসিক ট্যাগিং করে দেয়া কোডে ঠিকানা ও লকেশন রেজিস্টার্ড করা থাকবে। এই ট্যাগিং মুছে ফেলা সম্ভব হবে না এবং এই ট্যাগিং দেখার জন্যে ইউভি-লাইট

ব্যবহার করতে হবে। ফরেনসিক এনালাইসিস এই ট্যাগ কোড বিনের পূর্ণ ও একমাত্র মালিকানা নিশ্চিত করবে।

মেয়র লুৎফুর রহমান বলেন, “বারা থেকে বড় বড় ডাস্টবিন চুরি যাওয়া রোধ করতে আমরা বন্ধপরিকর। আমরা বিশ্বাস করি স্মার্টওয়াটার ডাস্টবিন চুরির প্রচেষ্টা প্রতিহত করবে এবং বারার বাসিন্দাদের জন্যে একটি কার্যকর সমাধান তুলে ধরবে।”

এনভায়রনমেন্টের কেবিনেট মেম্বার কাউন্সিলর শাহেদ আলি বলেন, “আমরা আইন প্রয়োগকারি সংস্থার সাথে ঘনিষ্ঠভাবে কাজ করছি, যাতে তারা বড় বড় বিন বহনকারি যানবাহনে তদন্ত অব্যাহত রাখেন এবং বিনগুলোর মালিকানা পরীক্ষা-নিরীক্ষা করে দেখেন। ক্রাপইয়ার্ডগুলোতে নিয়মিত নজর রাখার হবে।”

বিন চুরির তৎপরতা প্রতিরোধে জনসাধারণ কে ভূমিকার ওপরও গুরুত্বারোপ করা হয়েছে। কেউ যদি এ ধরনের কোন চুরির ঘটনা ঘটতে দেখেন বা সন্দেহজনক কিছু চোখে পড়ে, তাহলে ১০১ এই নম্বরে রিপোর্ট করার জন্যে অনুরোধ করা হয়েছে।

নেলসন ম্যান্ডেলার স্মৃতি ধরে

রাখতে কাউন্সিলরা সম্মত

গত মাসে অনুষ্ঠিত ফুল কাউন্সিল মিটিংয়ে কাউন্সিলররা বিশ্বের অবিসংবাদিত নেতা নেলসন ম্যান্ডেলার স্মৃতির প্রতি শ্রদ্ধা নিবেদন করেন। এসময় তারা কুইন এলিজাবেথ অলিম্পিক পার্কের এ’কটি রাস্তার নামকরণ নেলসন ম্যান্ডেলার জন্য করার দাবি জানান।

“ক্রীড়ার শক্তি দিয়ে সকল কমিউনিটিকে ঐক্যবদ্ধ করার” স্বকৃতি স্বরূপ নেলসন ম্যান্ডেলার নামে একটি সড়কের নামকরণ করার জন্য মেয়র অব লন্ডন এবং লন্ডন লিগ্যাসি ডেভেলপমেন্ট কর্পোরেশনের ক ছে আনুষ্ঠানিক-ভাবে আবেদন জানানোর সর্বসম্মত সিদ্ধান্ত নেন কাউন্সিলররা।

২২ জানুয়ারী অনুষ্ঠিত মিটিংয়ের সিদ্ধান্ত অনু-যায়ী কাউন্সিলর অফিসাররাও নেলসন ম্যান্ডেলার স্মৃতি ধরে রাখতে স্থায়ী কিছু করার যায় কি-না, তা ঝুঁজে দেখবেন।

সভায় কাউন্সিলররা আরো সম্মত হয়েছেন যে, আগামী অক্টোবর মাসে র‍্যাক হিস্ট্রি মাস্হ উদযাপনের সময় নেলসন ম্যান্ডেলার জীবন ও কর্ম সম্পর্কে স্থানীয় স্কুলগুলোতে শিক্ষামূলক প্রজেক্ট পরিচালনার নিমিত্তে টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান কমিউনিটি ইভেন্ট ফাউ থেকে প্রয়োজনীয় তহবিল বরাদ্দ করবেন।

রাস্তার নামকরণের প্রস্তাবকারী কাউন্সিলর কার্লো গিবস বলেন, সারা বিশ্বের মানুষের ওপর নেলসন ম্যান্ডেলার জীবন ও কর্মের প্রভাব অনস্বিকার্য। তাঁর কর্ম ও আচরণ কোটি কোটি মানুষকে প্রতি নিয়ত অনুপ্রাণিত করে যাচ্ছে। যেমন করে অলিম্পিক গেমসে অংশ গ্রহণকারী এ্যাথলেটরা অন্যকে অনুপ্রাণিত করছে।

তিনি বলেন, ম্যান্ডেলার মতো মানুষকে ঐক্যবদ্ধ করার ক্ষেত্রে খেলাধূলাও একটি অসাধারণ ক্ষমতা আছে। তাই আমরা তাঁর নামে একটি রাস্তার নামকরণের প্রস্তাব করছি।

■ The above stories are: under-18 tobacco fine – issue 995; council teams up with Smart-water – issue 995; a lasting tribute – issue 995.

Some of the East End's finest athletes were honoured in this year's Canary Wharf Sports Awards, as **Peter Faulkner** reports.

TEENAGE gymnast **Tyesha Mattis** had an incredible year in 2013 – and this year has started in glittering fashion for the 14-year-old.

The Junior British champion, who picked up a string of medals last year, was crowned Canary Wharf Sports Personality of the Year on January 31 in a packed ceremony at East Wintergarden.

Mattis started 2013 competing for Great Britain at the Australian Youth Olympic Festival in Sydney where the team came second to China. Individually, Tyesha won the all-around and vault competition and also got bronze medals for bars and floor.

That was just the start of it. In March, she went to Liverpool for the British Championships, where she became British Junior Champion, placing 1st, 2nd and 3rd in vault, beam and floor finals.

Tyesha followed that by going to the European Youth Olympic Festival in Utrecht where she gained a team silver, two bronzes in the all-around and vault, and a fifth on the bars.

While there, she completed a Silivas on floor in the all-around competition and became the first British woman to complete it. The Silivas is a move in artistic gymnastics in which the gymnast completes two somersaults and two twists mid-air.

This was the Canary Wharf Group's thirteenth annual awards evening and they have been investing in sport for 20 years to foster social and economic development in the area.

The awards encourage sporting excellence and participation in east London and the event was attended by more than 300 local sports people and administrators as well as a range of local dignitaries including Vince Macauley, chief executive and head coach of London Lions Basketball, and David Gold, co-chairman of West Ham Football Club.

Guest of honour on the night was former England fast-bowler Devon Malcolm, who presented awards to many of the winners.

John Garwood, company secretary at Canary Wharf Group plc, said: "I have been coming to these awards since they began 13 years ago and never fail to be impressed at the depth of local sporting talent."

Senior Team of the Year:

FC Bartlett (right)
The club finished the season mid-table in the Hackney and Leyton Senior Football League and won the Albert Daniels League Cup. The team also won the Hackney and Leyton Senior Football League Sportsmanship Team of the Year 2012-13 for the second consecutive year – impressive for a team only formed in 2011 and promoted from the First Division at the first attempt.



Manik Miah was presented with his award by the Queen's representative in the borough, Commander John Ludgate

Voluntary Commitment Award: Manik Miah
Manik is a trustee of Bangladesh Football Association and his main role is player registration secretary for the summer league. In 2013 he established a football academy involving more than 200 children. Vital to the academy are connections established with professional clubs, such as West Ham – one young player is already training with Arsenal.



Tanvir Hasan was presented with his award by Subrina Hussain, CEO of NTV Europe

Voluntary Commitment Award: Tanvir Hasan
Tanvir plays for Tower Hamlets Cricket Club and this year was made captain of the third team. As a qualified umpire and level 1 coach, he regularly supports the club by umpiring games and supporting other team managers. When the club decided to launch a Sunday league in Victoria Park, Tanvir came forward to co-ordinate and umpire matches.



Mark Davies presented b

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Former England fast bowler Devon Malcolm presented the Group of the Year award to Tower Hamlets BMX Club

Group Achievement Award:
Tower Hamlets BMX Club
The club have worked with more than 50 different groups reaching over 1,000 young people. From their track in Mile End, the club holds regular sessions for all ages and abilities, with specific sessions for bike maintenance, women and girls, deaf adults, local schools and an after-school club that tackles behavioural problems and gang involvement.



FC Bartlett with Tower Hamlets speaker, Cllr Lesley Pavitt

Wharf spor



Devon MalcoLm poses with Junior Team of the Year Ascension Eagles Prophecy

Junior Team of the Year: Ascension Eagles Prophecy.
Formed at the end of 2012, many of the new members had never tak and were also awarded the Grand Champion title given to the highe Nationals of the season, won the European Championships in Paris,



Mark Davies, head of boy's PE at George Green's School, was presented with his award by Cllr Gloria Thienel

Voluntary Commitment Award: Mark Davies
Mark has gone from new PE teacher at George Green's School on the Isle of Dogs to head of boy's PE for 10 years. Always putting the students first, he runs extra-curriculum sessions for all years and manages the school's league fixtures, working hard every day.



Steve Greig, co-managing director, Canary Wharf Management Ltd, presents the award to Pat Ansell

Voluntary Commitment Award: Pat Ansell
Pat has been a volunteer at the Bethnal Green Sharks Swimming Club for 43 years, a committee member for 40 years and treasurer for 34. She manages the club's finances, organises social events to raise funds and is regularly found at the club's administration desk providing information and support to members. She undertakes extra tasks at home.



Mohammed Shuaib Ahmed was presented with his award by Joe Lyons, head of community, West Ham FC

Voluntary Commitment Award: Mohammed Shuaib Ahmed
Shuaib joined Vallance FC aged 10, and at 17 he began to coach the youth teams. He is now an FA qualified level 1 coach and working towards level 2. He gives up his weekends to coach the under-12s and did not miss a training session or game during the 2012-13 season – all this while doing his exams.

...ting heroes



...ken part in cheerleading before. They won their first competition...
...est scoring team of the day. They went on to be second at the first...
...and won their last national competition of the season.

Voluntary Commitment Award:

Stuart Burnside (right)
Stuart joined Wapping Hockey Club in 2004 and was elected chair in 2013. He has worked hard to improve the club, forging links with the council and England Hockey, leading the negotiation in the club's new home at St Katharine Docks and bringing about specialised training for women and beginners. He has also been a driving force behind the first ever umpire development centre in east London, based at the club.



Stuart Burnside with Gay Harrington, Canary Wharf Group social & economic development manager



Sports Personality of the Year: Tyesha Mattis



Canary Wharf Group's Peter Wade Special Recognition Award went to Mike Thomas, centre

Peter Wade Special Recognition Award: Mike Thomas
The inaugural Peter Wade special recognition award went to Mike Thomas (formally of Shadwell Basin) for his commitment to community sport.



Station art

"I love the concept of going below ground and resurfacing."

ROSS ASHMORE



Special effects and sculpture

John Humphreys combines fine art skills with his experience in special effects to create distorted sculptures forcing the viewer to work hard to correct the information they are presented with.

SEE BELOW

Out & about guide

Parent & child

Dance play

Dance and movement for parents/carers and their children aged 1-4. Weds, 10-11am. £3.50/class or £2/class if paid termly.

Language of Dance, Oxford House, Derbyshire Street, E2. 7749 1131

Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14.

7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling.

07958 645978

www.clareday-yoga.co.uk

Social

3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available.

Tuesdays, 4-8pm.

Kingsley Hall Community Centre, Powis Road, E3.

07501 468 193

Asian deaf/hard of hearing people drop-in times

Tues, 10am-1pm, free. Trinity Centre, Key Close, E1.

7790 8478

minicom 7791 0105

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Fern Street Settlement Club

Fern Street, E3.

7987 1949

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm.

Dockland Settlements, 197 East Ferry Road, E14.

7987 6824

Little Spitz' under-5s playgroup

Sun, 10am-12pm, 50p.

Tours and stories.

Spitalfields City Farm, Buxton Street, E1.

7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership.

Various days and times.

St Margaret's House Settlement, 21 Old Ford Road, E2.

7247 4283

What's on where this week

Clubs

Boglewaltz

Valentine's party with secret DJ line-up and eclectic treats from house and electro to drum 'n' bass and dubstep.

£10 adv.

Sat, Feb 15, 10pm.

Arch Gallery, 289 Cambridge Heath Road, E2.

www.archgallery.co.uk

Events

Chinese New Year at the Drunken Monkey

Celebrate the Year of the Horse with the Chinese Elvis. Free, booking advised.

Tues, Feb 11, 7.30pm/9.30pm.

The Drunken Monkey, 222 Shoreditch High Street, E1.

7392 9606

www.thedrunkenmonkey.co.uk

Future Cinema: Who Framed Roger Rabbit? 2014

The deco interior of the venue will become the Ink and Paint Club, where Jessica Rabbit makes the punters swoon with her sensual jazz vocals. Join the residents of Toontown for a sleazy evening of jazz and cocktails.

£43.50/£31.50 concs.

Fri, Feb 14-Sun, Mar 9. Dates and times vary.

Troxy, 490 Commercial Road, E1.

www.troxy.co.uk

Exhibitions

Underground Art

Ross Ashmore spent three



Polica

Languid trippy synth from the Minneapolis band topped off with Channy Leaneagh's dreamy vocals. £15. Weds, Feb 12, 7pm. Troxy, 490 Commercial Road, E1. www.troxy.co.uk/event/polica/

years painting every station on the Tube and finished his labour of love last June to coincide with the 150th anniversary of the London Underground. Free.

Daily until Feb 28.

Oxford House Gallery, Derbyshire Street, E2.

www.oxfordhouse.org.uk

War Games

Exhibition for adults and children exploring the role of warfare in children's play from 1800 to the present day. Free.

Daily until Mar 9.

V&A Museum of Childhood, Cambridge Heath Road, E2.

8983 5200

www.museumofchildhood.org.uk

Synthesis

Pop-up exhibition featuring work from 14 different artists, including the likes of pop icon Boy George and sculptor John Humphreys, whose work has graced the Royal Academy, alongside some who have never exhibited before. Free (early arrival recommended).

Thurs, Feb 13, 6.30-9.30pm.

Electrician's Shop Gallery, Trinity Buoy Wharf, 64 Orchard Place, E14.

United We/I Stand etc

First solo exhibition by Danish sound artist and musician Lotte Rose Kjær Skau using video, installation and sound.



Bedtime Story Nights

Put on your most glamorous pyjamas and nightgowns for evenings of storytelling. Features performances from regulars Sally Pomme Clayton and Nell Phoenix. £30.

Weds & Thurs, Feb 12 & 13, 7pm. 40 Winks, 109 Mile End Road, E1. 7790 0259. www.40winks.org

Fri, Jan 24-Mar 2. Open Thurs-Sun, 12-6pm.

IMT Gallery, 2/210 Cambridge Heath Road, E2.

8980 5475

www.imagemusictext.com

Kids

Tales Back in Time

Join a Victorian chimney sweep and his puppet friends as they travel back through London's colourful history using music, movement and

magic. Free but pick up tickets from front desk.

Mon, Feb 17, 11am for under-5s; 2pm for over-5s.

Museum of London Docklands, Hertsmeare Road, West India Quay, E14

7001 9844

www.museumoflondon.org.uk/docklands

Do you have dates for our diary? Send them to east end life.news@towerhamlets.gov.uk

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To book your tickets visit <http://centreofthecell.eventbrite.co.uk/>

 Centre of the Cell™



A towering achievement

Tower Bridge was the creation of architect Sir Horace Jones and civil engineer Sir John Wolfe Barry. It took eight years to complete and was officially opened on June 30, 1894.

SEE BELOW

Creative Space

The Space is a performing arts centre based in a converted church on the Isle of Dogs.

[HTTPS://SPACE.ORG.UK/](https://space.org.uk/)

Out & About



THE Whitechapel Gallery is holding a fun family day inspired by the current exhibition of Hannah Höch (see pictures above and right), the pioneering Dada artist who was a driving force in the development of 20th century collage.

On Saturday, February 15, from 12-4pm, families are invited to join a day of experimentation with collage and performance in true Dada style with poetry, puppet-making and large-scale collage making. Free film screenings include Oskar Schlemmer's Triadic Ballet (1922) and John Smith's Associations (1975).

Entry is free, but booking is recommended. Call 7522 7888 or email info@whitechapelgallery.org to reserve your place. The gallery is at Whitechapel Gallery, 77-82 Whitechapel High Street, E1.



Double trouble at one-man shows

BY RUSSELL COTMAN

THE Space is hosting a two-week run of Ham and Static, a double bill of new writing monologues from two emerging theatre companies.

Mouths of Lions will present Ham, a one-man retelling of the story of Noah's Ark through the eyes of Noah's disobedient son.

Ham writer Nathan Woods' recent work (Look Look, Session One, Report from Gantheria) has been seen at the Arcola, Rich Mix and Theatre503. His debut, Dirt, premiered at the Edinburgh Fringe in 2011.

Ham stars James Askill – previously seen in Timbre at the Golden Hinde and Cynthia's Revels for Read Not Dead at Shakespeare's Globe.

The evening will also



incorporate Static, the second show from New Model Theatre.

From watching the World Trade Centre fall live on TV, to the top of the Tory HQ via drunken teenage parties and stumbling home with broken noses, Static combines traditional storytelling with verbatim news reports to tell a coming of age story that spans a decade.

The monologue is written

and directed by Tom Nicholas and stars Sam Skuse (left).

Having performed with the Theatre Royal Young Company in Henry IV Part 1, Medea and The Gut Girls, Skuse has also appeared in Fragments of Society and Home, two short films directed by Ryan Walters.

Static enjoyed a critically acclaimed run at last year's Edinburgh Fringe Festival.

Ham and Static run as a double bill daily until Sunday, February 15. Ham starts at 7.30pm and tickets are £12/£8. Static runs from 9pm – if you book tickets for this, at £16/£13, you also get entry to Ham.

Tickets can be booked at <https://space.org.uk/event-booking/?event=ham>

The Space is at 269 Westferry Road, E14.

Visit www.space.org.uk

News in brief Valentine's Day with a difference

IF you fancy something completely different this Valentine's Day, Jamboree is offering a bohemian cabaret circus for star-crossed lovers.

Headliners Whiskey Moon Face play Indian classical, ragtime early 20th century jazz and vaudeville blues, led by the baritone vocals of Louisa Jones.

They will be supported by Spannertate's psychedelic European folk, and puppet dance theatre from Alice Cade.

DJ Tony Higgins will keep the party going until 2am with rhythm & blues, jive, gospel, Jamaican R&B/ska, jazz, jump blues and funk.

Jamboree is at 566 Cable Street, E1W. Doors open at 8pm and tickets cost £8.80 in advance or £10 on the door.

www.wegottickets.com/event/258628

Bargain laughs

IF you like nothing better than a cheap laugh, head to the Cafe 1001 Comedy Club this Thursday, February 13.

For just £3.30 you can catch bill topper Alfie Brown, who will be ably supported by Stuart Laws, Harriet Kemsley, Luke Graves, Mat Ewins and Henry Ginsberg from 8pm.

Book at www.wegottickets.com/location/3595

The cafe is at 101 Brick Lane (corner of Dray Walk), E1.

MOBO winners

MOBO award-winning Sons of Kemet grace Rich Mix with their unique take on jazz, Caribbean and African music this Wednesday, February 12.

Clarinetist, saxophonist and composer Shabaka Hutchings, with Oren Marshall on tuba and both Tom Skinner and Seb Rochford on drums, create atmospheric sounds influenced by everything from Calypso to New Orleans street sounds.

The show starts at 7.30pm. Tickets are £10 in advance or £12.

Call 7613 7498 or visit <http://tinyurl.com/navbw4t> to book. Rich Mix is at 35-37 Bethnal Green Road, E1.

Frying pans at the ready

THE Great Spitalfields Pancake Race is on its way once again.

It takes place at 12.30pm on Shrove Tuesday, March 4 so you still have a few weeks to practise your running-while-flipping skills.

Early entry is advisable and all you need to do is recruit a team of four who are willing to get suitably dressed up for the day and can get their hands on a frying pan.

Pancakes will be provided at the event at Dray Walk, Old Truman Brewery, Brick Lane, E1.

There will be prizes for the winners, runners-up, and the best dressed and best behaved teams. Music will be provided the Lost Marbles String Band and the event is in aid of London's Air Ambulance so sponsorship and donations are encouraged.

To enter email info@alternativearts.co.uk

Tower Bridge seeks young architects

TOWER Bridge is inviting budding architects to design their very own bridge this half-term holiday.

To celebrate its 120th birthday this year, six- to 14-year-olds are being given the chance to emulate the work of the bridge's architect Horace Jones.

From February 7 to March 14, aspiring young artists, designers and engineers can draw their own version of bridge, one of London's best-loved historical landmarks.

The overall winner will see their masterpiece transformed into a model for public display in the Tower Bridge Exhibition, seen by 2,000 visitors every day.

A visit to the bridge's half-term exhibition – Great Bridges of the World – might help get you started.

Entries will be judged by an independent panel, which includes Isabel Wolfe Barry, great, great granddaughter of the



bridge's original civil engineer, Sir John Wolfe Barry.

Entry forms can be down-

loaded from www.towerbridge.org.uk from February 7, or

go along to Tower Bridge and

pick up an entry form. The closing date for entries is March 14.



Penny's picks are As Good As Meat

Vegetarian blogger Penny Wilson's kids have never eaten meat and have no desire to. "We don't much care what other people eat, so long as we are left to enjoy our food," she says.

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Take a Roman holiday for real taste of China

BY PAT CHOI

IT'S easy to stick to what you know when it comes to Chinese food. But China's a big country and there's amazing range of flavours and dishes from the different regions to try.

As Fuchsia Dunlop, food writer and chef who specialises in Chinese cuisine, pointed out in her recent Guardian article, you can try many of them if you know where to look.

Liao Wei Feng (also called Top Taste) on Roman Road looks like an everyday Chinese takeaway from the outside. But if you pause to glance at the menu for a brief moment, it tells a different story.

The inside is bright and basic. The friendly waitress said if I was interested in authentic Chinese food, I should look at the specials on the front of the menu.

The specials are made up of regional dishes: Liaoning in the northern region of China specialises in meat barbecued on skewers over an open fire, Hunan in the southern central is



Liao Wei Feng punches above its weight

known for its hearty peasant cookery, and Sichuan in the south west famous for its fiery red chillies and hot pepper.

The rest of the menu has some of the more familiar Anglo-Cantonese options, if the mention of pig intestine scares you off the good stuff.

We ordered some of the BBQ skewers to start; at around £1 they are good value. The lamb comes in small cubes of meat with tasty fat in between and a delicious cumin flavour. The squid skewer was perfectly

cooked with a little char and a great smoky flavour.

The pan-fried garlic chive pancake pockets were a highlight for me. Pancakes folded to look like pasties were filled with egg and garlic chive.

Stir fried lamb chop with chilli (dry) was an excellent dish. It was stir-fried pieces of lamb with fiery dried chillies and Sichuan pepper. The meat was well-flavoured and fun to gnaw from the bone; each mouthful as full of flavour as the last.

The homestyle tofu wasn't

quite what I was expecting as the 'homestyle' I've had before has been based on Sichuan chilli bean paste. This dish was much gentler with mushrooms, onions and a salty and savoury gravy at its heart.

Braised brisket with tofu skin was a warm hug of a dish. Tofu skin is a by-product of tofu production formed on the top of boiling soy milk. The tofu skin was presented as knots floating on top of the deliciously soft chunks of beef brisket in a meaty broth. I couldn't stop eating them.

The two of us had a bowl of steamed rice and a soft drink and the bill came to £36.90.

This would be a great restaurant to come to with a group of friends; the portions are big, the options are exciting and the Tsing Tao beers, £2.50 a bottle. This is an unassuming neighbourhood restaurant that punches well above its weight.

We left with happily full bellies, a doggy bag and change for a pint of milk.

Liao Wei Feng (Top Taste) is at 129 Roman Road, E2. Tel: 8980 2037.

It's strong to the finish



MANY people are experimenting with meat-free meals.

Veggie food is easy and can put meat dishes to shame. This is one of those lovely dishes that is easy and quick to make but feels good enough to serve for a special meal. My taste testers rate it as their favourite, and they are always right!

Penny Wilson

Spinach & egg pie – serves 6

Ingredients

250g baby leaf spinach or
3 bunches of mature spinach
1 large onion, diced
1 pack filo pastry

1 block feta cheese

Six eggs

Fresh coriander

Salt, white pepper, nutmeg

Sliced black olives

Method

1. Grease a shallow rectangular dish or line it with grease proof paper.
2. Fry the onion slowly in olive oil until it is transparent. Add salt and pepper and half a teaspoon of ground nutmeg.
3. Roughly chop the spinach or take the baby spinach and wash thoroughly.
4. Add the spinach to the pan with the onions and stir ingredients together.
5. Cut the feta into 1cm cubes and gently stir into spinach and onion mix.
6. Remove the filo pastry from

the fridge just before you are ready to use it. Place it in layers in the rectangular dish, allow the pastry to overlap to form a crust around the edges.

7. Place the spinach, feta and onion mix in an even layer onto the pastry base.

8. Break eggs at even spaces over the spinach mixture keeping them whole, like fried eggs.

9. Scatter the top with sliced black olives and chopped coriander.

10. Bake in a medium oven for 20 mins or until the eggs are cooked through.

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Protecting tenants

The council's environmental health team can give advice to private landlords on safety regulations.

7364 5008

Property

Landlords fined £14,000 over fire hazard house

Owners of five-storey property failed to fix problems that put tenants at risk

BY SARAH MCLAUGHLIN

A COUPLE has been fined for letting a five-storey house that broke laws on security, fire and electrical safety.

The council's environmental health officers prosecuted Samuel Jenyo, of Harrier Way, Beckton, his wife Olusola Jenyo, of the same address, and their company SAB Associates, which managed the multi-occupancy property in Bow Road, E3.

All three were found guilty of

Housing Act offences at Thames Magistrates' Court on January, 22.

Samuel Jenyo was fined £5,800 and a surcharge of £120, Olusola Jenyo was fined £4,300 and a surcharge of £120, and SAB Associates was fined £4,300 with a surcharge of £120 – a total of £14,760.

The offences, which included failure to carry out essential security, electrical and fire safety work, were first brought to the Jenyos' attention by council officers in May 2011,

but they had still not been satisfactorily dealt with when a follow-up visit was made in February 2013.

Samuel Jenyo produced an electrician's certificate, but there were still electrical faults in the property, and the fire alarm system and fire doors did not comply with the council's safety regulations.

During the hearing, chair of the bench Ms Fitz Allen-Howard said: "Any diligent landlord should be aware of obvious faults like scorched electrical sockets."

Mayor Lutfur Rahman said: "Landlords have a moral duty as well as a legal obligation to make sure that the homes they rent are safe, and our council works hard to protect tenants against landlords who fail to do so."

Management regulations for multiple-occupancy dwellings apply to most private rented properties in the borough.

For information and advice on private rented accommodation call 7364 5008 or email environmentalhealth@towerhamlets.gov.uk

Last chance for noisy nuisance

A TENANT from Bow with a history of using abusive language towards her neighbours has been given a final warning before criminal action is taken.

Last month, the woman was evicted from her property following 50 complaints by neighbours about drunken and nuisance behaviour spanning several years.

But since losing her home, the woman has continued to harass local housing officers and residents in Redwood Close – her former address.

Circle Housing Old Ford has now secured an injunction and power of arrest notice against

the former tenant, forbidding her from visiting her old address or causing further annoyance to her former neighbours.

Should the terms of the injunction be broken, she will face criminal charges.

Working closely with the police and other partners, Circle Housing Old Ford last year successfully dealt with 60 incidents of anti-social behaviour, including two evictions.

Neighbourhood manager Marvelle Dublin said: "Anti-social behaviour can have a real impact on people's lives and causes great misery to those people affected by it."

THE deputy mayor of the Greater London Authority, Victoria Borwick, visited the Aberfeldy Estate in Poplar to learn about the Well London project. Residents spoke of the big difference developing and running health and wellbeing projects had made to the area and to their lives.

Resident-run schemes include sewing, film, physical activity, arts and culture, mental health and a food co-op.

Ms Borwick met volunteers from the Well London team and two apprentices, and learnt about plans for upcoming projects.

She said she was impressed with how the programme had brought local people together in a positive way.

The Well London project is run by the council, the GLA and housing association Poplar Harca.



Victoria Borwick (centre) with Paula Paul and Claire Mehegan

£9,000 grant for homework club

TOWER Hamlets Community Housing (THCH) has been awarded £9,860 to help it run a homework club and exercise sessions in Shadwell.

The money, from the Big Lottery Fund's Awards for All programme, will enable children to take part in school support activities aimed at both improving their attainment

and increasing their fitness levels.

The housing association's community development team is planning to launch the club later this year at a venue to be confirmed.

THCH is one of more than 200 community projects across the country sharing grants totalling almost £1.9million from the Big Lottery Fund.



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We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若您仍然登記在塔橋區政府現時生效的房屋名單上，您才可以競投這些房屋。請切勿到任何這些房屋造訪，因為這可能對鄰居造成滋擾。

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Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف کسی صورت میں بولی دے سکتے ہیں اگر "ہاؤسنگ لیٹنگس لسٹ" میں آپ کی درخواست واجب اورز پر فور ہے۔ براؤزنگ نہ کریں کیونکہ یہ دوسروں کو پریشان کر سکتا ہے۔

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

Housing Demand

Demand by bedroom need and Banding as at 03/02/2014

Bedroom(s) needed		Band 1A	Band 1B	Band 2	Band 3	Total
1 bed		705	314	1,944	6,271	9,234
2 bed		568	122	2,031	1,847	4,568
3 bed		240	119	3,853	936	5,148
4 bed		110	66	1,274	114	1,564
5 bed +		17	4	170	11	202
Total Current Demand		1,640	625	9,272	9,179	20,716
Total Lets	01/04/2013 to 31/01/2014	345	326	696	93	1469*
		*includes 9 lets to Band 4 applicants rehoused before Allocations Scheme changes went live on 17th October 2013.				

Homes Let from 01/04/2013 to 31/01/2014

Bedroom size	Band 1A	Band 1B	Band 2	Band 3	Band 4	Total
(Bedsit) 0	3	17	44	8	0	72
1	124	202	95	55	7	483
2	104	38	389	23	2	556
3	71	52	146	7	0	276
4	39	14	9	0	0	62
5	4	3	13	0	0	20
6	0	0	0	0	0	0
7	0	0	0	0	0	0
Total	345	326	696	93	9	1,469

Landlord and property type of homes let

Landlord	Bungalow	Flat	House	Maisonette	Total
COUNCIL	3	276	10	76	365
RSL (Registered Social Landlord)	3	867	48	186	1,104
Total	6	1,143	58	262	1,469

Floor level of homes let

Basement	Ground	1st	2nd to 4th	5th to 10th	11+	Total
3	393	273	583	157	60	1,469

Applicants Currently Waiting (years)

The table below shows the length of time applicants are currently waiting on the Housing list. However, it is NOT an indicator of how long applicants can wait for rehousing.

Bedroom(s) required	1 bed	2 bed	3 bed	4 bed	5 bed +	Total
Up to 1 Year	2,916	1,846	1,287	221	30	6,300
2 Years	1,263	588	697	144	17	2,709
3 Years	1,170	468	607	164	23	2,432
4 Years	850	330	523	166	22	1,891
5 Years	698	231	445	120	21	1,515
6 Years	465	196	318	105	10	1,094
7 Years	461	212	298	122	15	1,108
8 Years	374	120	236	108	13	851
9 Years	312	130	180	87	15	724
10 Years	174	71	141	95	9	490
11 Years	118	70	98	73	5	364
12 Years +	433	306	318	159	22	1,238
Total	9,234	4,568	5,148	1,564	202	20,716

TOWER HAMLETS HOUSING LIST

INFORMATION ON HOUSING DEMAND AND LETS

The way we decide housing priority changed on the 20th April 2013.

Please see the Allocations Scheme document for details.

www.thhs.org.uk



OVER 60's
Accessible Category F
MILES COURT, TILLMAN STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Communal garden • Residents parking scheme • Pets not permitted . Heating included in charges

Eligibility : Min Client Age 60

£132.86, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29154



SHELTERED
Accessible Category D
PHOENIX COURT, MAST HOUSE TERRACE, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Residents parking scheme, Permit parking • Pets not permitted . Suitable for a couple or a single applicant and carer as there is a small 2nd bedroom

Eligibility : Min Client Age 60

£187.38, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29192



SHELTERED
Accessible Category D
PHOENIX COURT, MAST HOUSE TERRACE, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Residents parking scheme, Permit parking • Pets not permitted . Suitable for a couple or a single applicant and carer as there is a small 2nd bedroom

Eligibility : Min Client Age 60

£187.38, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29193



SHELTERED
Accessible Category E
MANDELA HOUSE, VIRGINIA ROAD, E2

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£176.83, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29180



SHELTERED
Accessible Category B
MANDELA HOUSE, VIRGINIA ROAD, E2

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Shower Room with W/C • GCH • Shared garden • Pets not permitted . Wheelchair accessible property with low level kitchen units and a wet floor shower

Eligibility : Min Client Age 60

£176.83, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29181



OVER 50's
Accessible Category F
OGILVIE HOUSE, STEPNEY CAUSEWAY, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Min Client Age 50

£116.34, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29170



OVER 50's
Accessible Category E
TATE HOUSE, MACE STREET, E2

Bungalow • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • No garden • Pets permitted

Eligibility : Min Client Age 50

£101.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29135



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
SEAGRAVE CLOSE, E1

Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets permitted

£91.10, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29144



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
GRACEHILL, HANNIBAL ROAD, E1

Flat • 0 Bed 1 Person • 4th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£86.57, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29173



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
CROMARTY HOUSE, BEN JONSON ROAD, E1

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£87.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29188



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
KIRTON GARDENS, E2

Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets permitted

£93.02, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29139



1 BEDROOM
Accessible Category G
ROFFEY STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted • Fixed Term tenancy except for those currently holding a secure or assured social housing tenancy.

£160.58, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29186



1 BEDROOM
Accessible Category G
GRANVILLE HOUSE, EAST INDIA DOCK ROAD, E14

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . One week's rent in advance or completed Housing Benefit form required at sign up of tenancy.

Eligibility : Band 3

£118.76, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29194



1 BEDROOM
Accessible Category F
DORA HOUSE, RHODESWELL ROAD, E14

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£100.37, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29142



1 BEDROOM
Accessible Category C
CASSILIS ROAD, E14

Flat • 1 Bed 2 Person • 5th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Car free home • Pets not permitted PREFERENCE TO HOUSING MOVES APPLICANTS

£155.66, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 29171



1 BEDROOM
Accessible Category F
MENOTTI STREET, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Permit parking • Pets not permitted

£101.18, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29187



1 BEDROOM
Accessible Category F
PARNELL ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£111.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29145



1 BEDROOM
Accessible Category F
BOW COMMON LANE, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • Gas fire • No garden • Pets permitted . One week's rent in advance or completed Housing Benefit form required at sign up of tenancy.

£120.17, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29168



2 BEDROOMS
Accessible Category F
RING HOUSE, SAGE STREET, E1

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£109.14, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29147



2 BEDROOMS
Accessible Category F
BILLING HOUSE, BOWER STREET, E1

Maisonette • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£142.09, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29158



2 BEDROOMS
Accessible Category F
FIELDGATE MANSIONS BLOCK 11, MYRDLE STREET, E1

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£113.46, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29191



2 BEDROOMS
Accessible Category F
BASIL HOUSE, HENRIQUES STREET, E1

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£112.32, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29177



2 BEDROOMS
Accessible Category F
WICKER STREET, E1

Flat • 2 Bed 4 Person • Basement • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted . Steps down to basement level and front entrance door

£115.51, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29153



2 BEDROOMS
Accessible Category G
LANGDALE STREET, E1

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Pets not permitted

£127.21, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29184






















2 BEDROOMS
Accessible Category F
OCKBROOK, HANNIBAL ROAD, E1

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£110.15, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29175

 <p>2 BEDROOMS Accessible Category F NORTHESK HOUSE, TENT STREET, E1</p> <p>Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted PREFERENCE TO HOUSING MOVES APPLICANTS</p> <p>£115.55, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29137</p>	 <p>2 BEDROOMS Accessible Category F DONEGAL HOUSE, CAMBRIDGE HEATH ROAD, E1</p> <p>Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£111.81, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29141</p>	 <p>2 BEDROOMS Accessible Category C LADBROKE COURT, RESOLUTION PLAZA, E1</p> <p>Flat • 2 Bed 4 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home,Property is in congestion zone • Pets not permitted . Electric cooking</p> <p>Advert represents 2 properties £144.40, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29159</p>	 <p>2 BEDROOMS Accessible Category C LADBROKE COURT, RESOLUTION PLAZA, E1</p> <p>Flat • 2 Bed 4 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home,Property is in congestion zone • Pets not permitted . Electric cooking</p> <p>Advert represents 2 properties £144.40, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29161</p>	 <p>2 BEDROOMS Accessible Category C LADBROKE COURT, RESOLUTION PLAZA, E1</p> <p>Flat • 2 Bed 4 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home,Property is in congestion zone • Pets not permitted . Electric cooking</p> <p>Advert represents 2 properties £144.40, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29163</p>
 <p>2 BEDROOMS Accessible Category C LADBROKE COURT, RESOLUTION PLAZA, E1</p> <p>Flat • 2 Bed 4 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home,Property is in congestion zone • Pets not permitted . Electric cooking</p> <p>Eligibility : Band 3</p> <p>£144.40, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29178</p>	 <p>2 BEDROOMS Accessible Category C LADBROKE COURT, RESOLUTION PLAZA, E1</p> <p>Flat • 2 Bed 4 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home,Property is in congestion zone • Pets not permitted . Electric cooking</p> <p>£144.40, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29179</p>	 <p>2 BEDROOMS Accessible Category G KELSON HOUSE, STEWART STREET, E14</p> <p>Maisonette • 2 Bed 4 Person • 20th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted</p> <p>Eligibility : Transfer List</p> <p>£145.12, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 29152</p>	 <p>2 BEDROOMS Accessible Category F BETHLEHEM HOUSE, LIMEHOUSE CAUSEWAY, E14</p> <p>Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£111.82, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29140</p>	 <p>2 BEDROOMS Accessible Category F GORDON HOUSE, GLAMIS ROAD, E1W</p> <p>Maisonette • 2 Bed 4 Person • 13th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission</p> <p>Eligibility : Band 3</p> <p>£137.37, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29151</p>
 <p>2 BEDROOMS Accessible Category F SHIPLAKE HOUSE, ARNOLD CIRCUS, E2</p> <p>Flat • 2 Bed 3 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£124.15, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29146</p>	 <p>2 BEDROOMS Accessible Category F PONSONBY HOUSE, BISHOPS WAY, E2</p> <p>Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£116.61, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 29155</p>	 <p>2 BEDROOMS Accessible Category F TOWERGATE HOUSE, ORDELL ROAD, E3</p> <p>Flat • 2 Bed 4 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted</p> <p>£134.03, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 29172</p>	 <p>2 BEDROOMS Accessible Category F GRAFTON HOUSE, WELLINGTON WAY, E3</p> <p>Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission</p> <p>Eligibility : Band 3</p> <p>£137.14, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29150</p>	 <p>2 BEDROOMS Accessible Category F SAWMILL YARD, E3</p> <p>Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted</p> <p>£114.97, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 29157</p>
 <p>3 BEDROOMS Accessible Category F PEABODY BUILDINGS BLOCK B, JOHN FISHER STREET, E1</p> <p>Flat • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£148.82, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 29176</p>	 <p>3 BEDROOMS Accessible Category F SALFORD HOUSE, SEYSSSEL STREET, E14</p> <p>Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission</p> <p>£139.92, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 29182</p>	 <p>3 BEDROOMS Accessible Category G LARK ROW, E2</p> <p>House • 3 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.</p> <p>£158.42, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 29167</p>	 <p>4 BEDROOMS Accessible Category F ARGYLE HOUSE, MARSHFIELD STREET, E14</p> <p>Maisonette • 4 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted • Stairlift • Life Time.</p> <p>£151.45, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 29138</p>	<div><h2>REMINDER</h2><p>Please respect people’s privacy by not attempting to access advertised properties or knocking at neighbouring homes.</p><p>This causes a nuisance and may distress some individuals.</p></div>



1 Internet Bidding
– Just log on to
www.thhs.org.uk



2 Telephone Bidding
– Simply call
0845 270 2400

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category G
LEGION TERRACE, LEFEVRE WALK, E3
House • 5 Bed 8 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£257.61, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29136



AFFORDABLE RENT
Accessible Category F
STEPNEY WAY, E1

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. White goods provided. 4 weeks rent plus £130 administration fee required in advance

£171.65, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 29185



AFFORDABLE RENT
Accessible Category F
WHEELER STREET, E1

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£220.54, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29190



AFFORDABLE RENT
Accessible Category F
BRABAZON STREET, E14

House • 2 Bed 3 Person • Ground Floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2 years.

£171.27, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29183



AFFORDABLE RENT
Accessible Category F
EAST INDIA DOCK ROAD, E14

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£171.27, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29169



AFFORDABLE RENT
Accessible Category F
QUEEN MARGARET FLATS, ST JUDES ROAD, E2

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£208.31, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29148



AFFORDABLE RENT
Accessible Category G
DENMARK PLACE, E3

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2 years.

£198.32, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29143

LANDLORDS

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Urgently Require All Properties / All Sizes

Start Rent Immediately

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the property management company

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FACSIMILE: 020 8980 9434 : EMAIL: INFO@HAMLETTS.COM

T&C Applies

Mayor of Tower Hamlets Apprenticeship Scheme



LUTFUR RAHMAN MAYOR OF TOWER HAMLETS

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Agilisys	Business Administration Apprenticeship x1
Guardian	Digital Marketing Apprenticeship x7 Business Administration Apprenticeship x4
Prospect Aware	Business Administration Apprenticeship x1
Mimecast	IT Support (Mac) Apprenticeship x1 IT Support (Windows Desktop) Apprenticeship x1 Business Administration Apprenticeship x1
Google	Digital Marketing Apprenticeship x12



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Entry Criteria:

To qualify for this opportunity you must meet all of the following criteria:

- Age 16-18 years old
- Be a resident of LB of Tower Hamlets
- Be a UK resident or have held residency for at least 3 years
- Do not hold a Degree or have any other Level 4 qualification

Apprenticeships offer:

- Full time employment for a minimum of 12 months
- Salary at the **London Living Wage**
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- Level 2 or Level 3 accredited qualification
- Practical work experience

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- Read the job description and then click on the **APPLY** button

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Hajj 2014 - হজ্জ ২০১৪

ECONOMIC TO 5 STAR HAJJ PACKAGES

ARAFAT - 3rd OCTOBER 2014
EID - 4th OCTOBER 2014

Price Inc. food, Hajj visa, Drafts, Mina Service, Ziyarah, Hotels in Makkah & Madinah

FREE

- 10LTR ZAM ZAM
- SHOE BAG
- MONEY BAG
- MOBILE HOLDER

PACKAGE PRICES

Hajj package starts from £3,800
চার/পাঁচ জনের রুম : 4/5 persons room

Makkah Hotel Approx 300m distance from Haram.
Madinah is 150m distance from Haram.
LIGHT BREAKFAST PROVIDED IN MAKKAH & MADINA

ACCOMMODATION

Makkah: Darkum Hotel 1
Madinah: Mawaddah Al Noor 3 Star Hotel
Mina: Mattress, Bedsheet, Blanket, Pillow, Food & Soft Drinks

Makkah: Darkum 1, Misfala, Ibrahim Khalil Rd-8197500
Madinah: (3 Star) Mawaddah Al Noor Hotel, Hotel No: 8180222



Group 1
Saudi Airline
Heathrow
Depart: 20th Sep 2014
Return: 15th Oct 2014



Group 2
Saudi Airline
Heathrow
Depart: 24th Sep 2014
Return: 13th Oct 2014

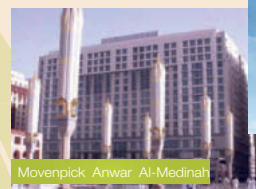


Group 3
Saudi Airline
Heathrow
Depart: 27th Sep 2014
Return: 12th Oct 2014

5 STAR PACKAGES

(Shifting package, Jeddah, Aziziah, Mina, Makkah, Madinah, Jeddah)

Group 4
Saudi Airline
Heathrow
Depart: 27th Sep 2014
Return: 20th Oct 2014



PRICES STARTS FROM:

2 person room £4,800 pp
3/4 person room £4,400 pp
Bed & Breakfast

Full board in Aziziah & Full Board in Mina

OUR TERMS & CONDITIONS

Bookings:
We strongly advise that every pilgrim learns and understand how to perform the Hajj prior to making a booking with us and obey the tour operator's rules and conditions throughout the journey. The booking form must be completed, signed and dated. All the necessary documents and deposit cheque amounting to 50% of the total payment must be submitted with the booking form.

Payment:
Any outstanding payment must be paid in full within 4 weeks before the departure date.

Cancellations:
Should you need to cancel your booking once it has been accepted, please write to us immediately. A cancellation charge will apply: a) cancellations made with more than 21 days to departure date: 60% charge b) cancellations made with less than 21 days to the departure date: 80% charge c) cancellations made with less than 14 days to the departure date: 95% charge.

Visa And Ticket:
No liability is accepted for visa refusal by Saudi Consulate. You have to pay the charges incurred. Al-Qibla Travels will not be liable for any airline flight delays or cancellations. Travels details and Hajj itinerary are subject to confirmation and may change due to unforeseen circumstances.

Transportations:
All transportations during days of Hajj are provided by Hajj Ministry. No transportation is provided by the ministry on 10 Zul-Hijja from Muzdalifa, Mina to Makkah. Please be prepared for serious delays.

Accommodation:
All accommodation are shared unless specified at the time of booking. We are not liable for any loss of personal valuables.

The standard rating of the hotels are in accordance with Saudi Ministry of Trade standards. The distance advertised are as shown in official licences.

Tents in Mina and Arafat are provided by the Hajj Ministry. No tents are provided by the Hajj Ministry in Muzdalifa. All pilgrims are advised to make their own arrangements.

Meals:
All meals will be provided in Makkah in the best form of hygiene as possible in time of Hajj. Meals in Madinah is a high standard. In Mina, both lunch and dinner will be provided on the 8th, 11th & 12th of Zul-Hijja; only lunch on 9th Zul-Hijja and no food provided on the 10th Zul-Hijja.

Health:
We are not liable for any pilgrim falling ill due to the physical demand of Hajj. Health services are provided free by the Hajj Ministry. In case of death, the deceased is buried according to the Saudi regulations and repatriation of the body is not possible.

Lost Luggage & Items:
Al Qibla travels will not be held liable for any lost, stolen, damaged goods or luggage.

OUR COMMITMENTS:

- ◆ We will accompany the Hajj Passengers from Heathrow airport and bring them back with us completing the Hajj.
- ◆ We will inshallah try to make a pleasant journey in a air conditioned bus from Jeddah to Makkah.
- ◆ During the stay in Makkah & Madinah, Bangladeshi food will be served. Tea and light breakfast will be serve in Makkah and Madinah.
- ◆ Ziyarah is supervised by experienced Alim under our management.
- ◆ To serve and help the guest of Allah, we have hotel assistance and Alim at the hotel.
- ◆ You can sacrifice an animal or do a Qurbani yourself with our help (excluded from the package).
- ◆ We have our own people to guide you through Jamara for stoning the Shaitan, at fixed time which is set by the Ministry of Hajj.
- ◆ May Allah Rabbul Alameen let our promise be kept in the right way and let everyone complete the Hajj purely. Ameen.

HAJJ VISA REQUIREMENTS

- ◆ Valid passport with minimum 6 months validity
- ◆ 4 passport size photos
- ◆ Meningitis Certificate ACWY
- ◆ Women must be accompanied by a Mahram relative
- ◆ Travel Insurance and health check recommended prior to travel

AL QIBLA BOOKING TERMS

- ◆ Completed Booking Form
- ◆ Cheque for 50% Deposit
- ◆ Balance payable 4 weeks before departure
- ◆ Once Visa has been Issued 95% cancellation will be charge.

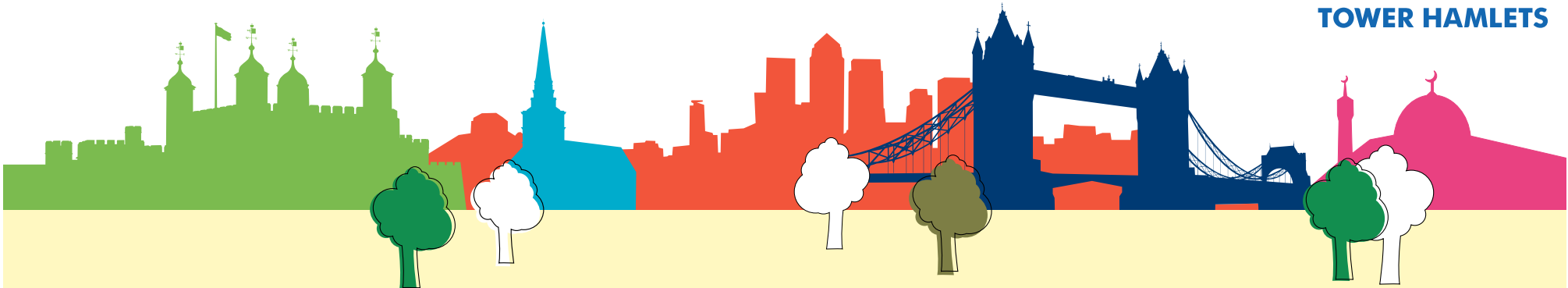
"We Also Do Worldwide Air Tickets"



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Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Finance Business Partner (ESW) Education, Social Care and Wellbeing Directorate Ref: ESW00209	£64,392 - £72,015	Financial Systems Manager Resources Directorate Ref: RES00214	£40,911 - £43,584
Treasury & Pensions Manager Resources Directorate Ref: RES00209	£47,169 - £49,947	Category Manager Care and Commissioning Resources Directorate Ref: RES00133	£38,229 - £40,911
Senior Business Accountant (CLC) Communities, Localities and Culture Directorate Ref: CLC00545	£46,701 - £49,452	<p>For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.</p> <p>Closing date for all posts: 16 February 2014</p>	
Senior Business Accountant (ESW) Education, Social Care and Wellbeing Directorate Ref: ESW00210	£46,701 - £49,452		

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE



PROGRAMMER BUSINESS ADMIN SITE ENGINEER SOCIAL MEDIA JUNIOR WEB DEVELOPER YOUTH WORK HEALTH & SOCIAL CARE BRICKLAYER
NETWORK ENGINEER ELECTRICAL PLUMBING CARPENTRY SOFTWARE DEVELOPER DRYLINER RESIDENT LIAISON APPS CODER
PROGRAMMER BUSINESS ADMIN SITE ENGINEER SOCIAL MEDIA JUNIOR WEB DEVELOPER YOUTH WORK HEALTH & SOCIAL CARE
BRICKLAYER NETWORK ENGINEER ELECTRICAL PLUMBING CARPENTRY SOFTWARE DEVELOPER DRYLINER RESIDENT LIAISON APPS CODER
PROGRAMMER BUSINESS ADMIN SITE ENGINEER SOCIAL MEDIA JUNIOR WEB DEVELOPER YOUTH WORK HEALTH & SOCIAL CARE
BRICKLAYER NETWORK ENGINEER ELECTRICAL PLUMBING CARPENTRY SOFTWARE DEVELOPER DRYLINER RESIDENT LIAISON APPS CODER

16 to 24 APPRENTICESHIP OPPORTUNITY EVENT

THIS WEEK

Thursday 13th February 2014, 10.00am to 2.00pm
at Brady Arts and Community Centre, 192 – 196 Hanbury St, London E1 5HU

EMPLOYERS WITH YOUR NEXT OPPORTUNITY

LONDON BOROUGH OF TOWER HAMLETS | TOWER HAMLETS HOMES CONTRACTORS
TECH CITY STARS | AGILISYS | BARTS HEALTH NHS TRUST | CONSTRUCTION COMPANIES

Skillsmatch
INNOVATION IN JOB BROKERAGE



MAYOR OF
TOWER HAMLETS

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Environmental Health Officer

Communities, Localities and Culture Directorate
Ref: CLC00544
Closing date: 23.02.14

£32,856 - £38,229
per annum

Senior Residential Support Worker

Education, Social Care and Wellbeing Directorate
Ref: ESW00189
Closing date: 16.02.14

£27,279 - £32,253
per annum plus two extra
increments for weekend working

Thames Music Tutors

Education, Social Care and Wellbeing Directorate
Ref: ESW00222
Closing date: 16.02.14

£20.93 - £28.86
per hour

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE



Limehouse Project

RAISING ASPIRATIONS | CHANGING LIVES

Registered Charity No. 295857
Company Limited by Guarantee
No. 1817676

ADVICE OFFICER

(Maternity Leave cover for one year from 1st April 2014 to 31st March 2015)
17.5 hours per week

£23,497 to £27,945 negotiable p.a. (incl. London Weighting) pro rata

The Limehouse Project is a leading community anchor organisation, providing a wide range of services to its immediate communities in Tower Hamlets and across east London. Services include legal advice on social welfare issues, housing, money and debt etc. We are also providing a financial capability service, services for vulnerable adults, skills development and accredited learning programmes, employability and employment support services. The Limehouse Project works extensively with a wide range of partners including Health Centres, Registered Providers of Social Housing, Community Centres and others.

The Advice Service at Limehouse Project is extremely busy. We are looking for an experienced adviser who can deal with all aspects of our advice service.

The successful candidate will have a strong track record of delivering high quality advice service (generalist help to case work level) on welfare benefits, housing; money & debt; immigration (Level 1); family issues, consumer issues, progression support and be able to use our paperless CRM system.

You should be able to carry out a financial assessment of a family's income and benefit entitlement, the taking up of Working Tax Credit in relation to employment and a better calculation of income and expenditure to determine any money and debt issue.

In addition to advice and as a wider part of Limehouse Project's service delivery the candidate should also be able to carry out an initial skills assessment with clients and refer them to appropriate training providers both internally and externally and to be able to draw up an 'action plan' for clients for their education, training and employment goals.

For further details and to download the Job Description, please see
www.limehouseproject.org.uk or contact Fahad Ahmed at either
recruitment@limehouseproject.org.uk or on 020 3069 7458.

Closing date for all applications: 5pm Friday 21st February 2014
Interviews & Assessments: Monday 3rd March 2014

The Limehouse Project is an Equal Opportunities Employer.



MOVING PICTURES PROJECT CO-ORDINATOR

£27,000 per annum (pro rata 2 days per week)
12 month contract to March 2015

Moving Pictures is an innovative and exciting project which will bring together mental health service users and older people.

The post holder will coordinate the development, delivery and profile of the Time to Change funded Moving Pictures Project, which will allow mental health service users and older people in East London boroughs to work together to explore mental health and to dispel stigma attached to it. Responsibility for this project includes coordinating a series of one-to-one conversations between mental health service users and local older people, overseeing the writing, creation and screening of four short films with the help of a professional film company, each film exploring an area of mental health of particular importance to participants. Responsibilities will also include delivering and supporting reflective activity based discussion groups and workshops with groups of older people, recruiting and chairing an advisory group, recruiting, training and managing volunteers and organising a launch event. The coordinator will provide leadership for the delivery of the project in line with Toynbee Hall's vision. The post-holder will be expected to complete an Enhanced DBS check.

Due to the nature of the post, applicants must have first-hand experience of using mental health services.

The deadline for completed applications is
17 February 2014 at 12 noon.
Interviews will be held on 3 March 2014.

To apply please go to our website and download an application pack: www.toynbeehall.org.uk/careers or email recruitment@toynbeehall.org.uk to request an application pack.

Registered Charity
No 211850



Post: Care Assistant/ Project Worker

APASANTH Opportunity Zone (Day Care) Project and APASANTH Lodge (Residential Respite & Care Home) Project are currently looking for 6 male & 7 female Project Worker/Care Assistant (Bank Staff). Please visit our website

<http://www.apasanth.org.uk/jobs> for further details

Closing date 28 February 2014

Smart Training

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.



Interested? Apply now – text SMART to 80800,
email start@smart-training.com, phone 0845 177 0695
or see www.smart-training.com/jobsandadvice

Are you 16-18? Do you want to get a head start on your future?

Fastlaners is part of UpRising, a youth leadership charity founded by Rushanara Ali, MP for Bethnal Green and Bow. We work with young people around the UK, to develop their knowledge, networks, skills and confidence.

Our part time programme will:

- Boost your skills and confidence
- Give you work experience to put on your CV
- Introduce you to professionals from a range of industries
- Help you work out your next steps with the help of mentors

Come and find out what we're about at our
Taster Day on Thursday 20th February,
5.30-7.30pm at the **Sundial Centre,**
11 Shipton Street, E2 7RU.

The programme will start on Saturday 22nd February and run part time until Thursday 3rd April, without interrupting your studies.

For more information, please visit
www.uprising.org.uk/fastlaners,
email petrina.degouttes@uprising.org.uk,
or contact Petrina on 07917 644 433

Get in the fast lane to a successful future



JPMorgan Chase Foundation

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Brewery Tap Public House, 500 Commercial Road, London PA/13/03110/PLA

Conversion of the ground floor from a drinking establishment (Use Class A4) to a single dwelling house (C3).

105-107 Fieldgate Street, London, E1 1JU PA/14/39/ADW

Erection of mansard roof extension to provide 1 x 1 bed flat (Use Class C3).

Widows Son Public House, 75 Devons Road, London, E3 3PJ PA/13/3022/AHO

Listed Building Consent for the creation of a basement meter room and refurbishment of basement store at Grade II* Listed Widows Son Public House

Flat 5, 3 Wellington Way, London, E3 4NE PA/14/66 & 96/BMC

Planning Permission is sought for the erection of a rear dormer window & associated roof access works

Listed Building Consent is sought for attic storey refurbishment works including floor works, new staircase, the erection of a rear dormer window & associated roof access works.

Flat 1, 2 Minerva Street, London E2 9EH PA/13/03088/JTH

The erection of a new deck with privacy screens over an existing courtyard in order to prevent overlooking of occupants at 450 Hackney Road, and the installation of privacy screens to an existing first floor balcony.

Flat 26, 24 Wapping Wall, London, E1W 3SE PA/13/02971/KHA

Window and french door replacement to the front street elevation.

Blackwall Basin, Trafalgar Way, London PA/14/68/KCO

Regularisation of existing increase of maximum number of permanent residential boat moorings from 20 (allowed by application number PA/01/00099) to 27 at existing mooring site.

Flat 31, Keeling House, Claredale Street, London, E2 6PG PA/14/115/LAB

Installation of secondary glazing to flat 31 Keeling House. Secondary glazing to be installed to all windows for heat and noise insulation.

Unit 1, Block D, 14 Hertsmere Road, London E14 4AF PA/13/02586/IOL

The works involve the application for the use of a second 'Jumbrella' which is shown on the drawings as being furthest from the main building and the installation of demountable 'clear' glass wind breakers.

455 Hackney Road, London, E2 9DY PA/14/123/KF

The construction of 32 no. of shipping containers and for the change of use from the existing (Sui Generis) to A1 retail at ground floor level with B1 (Office) to the upper levels. The application is for 3-5 years use only.

37 Heneage Street, London PA/14/00149/ADW

Erection of single storey extension on the second floor terrace area to provide two additional bedrooms.

31-39 Redchurch Street, London E2 7DJ PA/14/00059/ADW

Application for variation of conditions of planning permission ref: PA/12/00224, dated 09/05/2012, comprising:

- Variation of Condition 2 (approved drawings) - minor material amendment for: alterations to the profile and height of stair and lift core; change of void layout on first floor terrace, and; alteration to layout of 1st floor residential units.
- Removal of Condition 3 (details of stair-lifts, cladding, obscure glazing, lighting and screening) - details and samples submitted with current application.

Unit 302, Metropolitan Wharf Building, 70 Wapping Wall, London, E1W 3SS PA/13/3086/MC

Installation of single glazed partitions to create 3 meeting spaces, to be fixed to the floor and new plasterboard bulkhead. Installation of stud and plasterboard partitions to create two separated spaces as tea point and storage library.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

13 Louisa Street, London, E1 4NF

PA/14/112/LB

Erection of a conservatory to the rear of the property.

31 Coborn Road, London, E3 2DA

PA/14/116 & 117/LB

Replacement of rear extensions, refurbishment of existing windows, replace the front basement window with timber French doors, addition of an en-suite bathroom on first floor; new shower room on the ground floor; reinstate traditional features such as fireplaces and mouldings; refurbish property throughout with some internal layout changes; and alteration to the front lightwell to accommodate a new refuse store and cycle store.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 10th February 2014

OWEN WHALLEY

Head of Planning and Building Control



Public notices

LONDON BOROUGH OF TOWER HAMLETS SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT

Mr Mahmoud El-Mardenly has applied to the London Borough of Tower Hamlets for massage, manicure, sauna, waxing, electric treatments, tattooing, light treatments. Licence for the premises Pharaoh Unisex Beauty Salon, 4 Old Monague Street E1 5NG.

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulations Service, 6th Floor, Mulberry Place, 5 Clove Crescent, London E14 2BG WITHIN THREE WEEKS specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

NOTICE OF APPLICATION FOR PREMISES TO BE APPROVED AS A VENUE FOR MARRIAGES UNDER SECTION 26(1)(bb) OF THE MARRIAGE ACT 1949 AND CIVIL PARTNERSHIPS UNDER SECTION 6 (3A) (a) OF CIVIL PARTNERSHIP ACT 2004

I, Christopher Earlie, being the proprietor of Tower Bridge Venue ("the premises") give

notice that I have applied to the Proper Officer of the London Borough of Tower Hamlets for approval under the above Act as premises where civil ceremonies may take place.

Any person wishing to inspect the application and plans of the premises may do so at The Register Office, Bromley Public Hall, Bow Road, London, E3 3AA Monday to Friday 9.30am – 11.30am and 2.00pm – 4.30pm.

Any person wishing to object to the grant of approval may do so in writing, with reasons for the objection, within twenty-one days of the date of publication of the notice. Objections should be sent to the Proper Officer at the above address.

**SIGNED:
CHRISTOPHER EARLIE
(BUSINESS MANAGER)**

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – VIRGINIA STREET E1

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of

Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriage-way in Virginia Street for a distance of approximately 40 metres between its junction with Pennington Street and its junction with The Highway.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Hydro Cleansing Limited.

The alternative route for vehicular traffic will be via Pennington Street, Artichoke Hill and The Highway and vice versa.

The restriction on vehicular traffic will operate on Monday 3rd March 2014 from 08:00 hours until 18:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 10th February 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

Units 24 - 32 (even) Mastmaker Road,
London, E14 9UB
(Amended description)

PA/13/2773/MO'S

Application to vary Condition 6 (hours of operation) of planning permission dated 15/10/2013 ref: PA/13/01647, which varied conditions 5 and 6 of the planning permission dated 10/07/2013 ref: PA/13/00116 which allowed a change of use of the existing light industrial units to a secondary school (Use Class D1) offering a range of vocational subjects for 14-19 year olds.

The amendments seek to vary the arrival times for Teachers and Staff of the school and to extend the operation times for the social enterprise units as follows:

Teachers & staff

Mondays to Saturdays - 6.30 - 23:00 hours

14 - 16 year old students

09:30 - 15:00 (as approved under PA/13/01647)

16 - 19 year old students - 10:00 - 15:30 (as approved under PA/13/01647)

Nursery/Family Centre

Monday to Friday - 07:00 - 20:00 hours

Saturdays 08:00 - 18:00 hours

Café/Restaurant use

Mondays to Fridays - 07:30 - 22:00

Saturdays - 10:00 - 22:00 hours

Sundays - 10:00 - 21:00 hours

Gym/Sports Hall

Mondays to Fridays - 06:30 - 22:00

Saturdays and Sundays - 08:00 - 20:00 hours

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 10th February 2014

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULA- TION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - COBB STREET E1

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, with the agreement of The City of London, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Cobb Street between its junction with Middlesex Street and its junction with Leyden Street.

The restriction on vehicular traf-

fic will enable power cable works to be carried out on the public highway by UK Power Networks.

The alternative route for vehicular traffic will be via Middlesex Street, Strype Street, Leyden Street and Cobb Street.

The restriction on vehicular traffic will operate from Monday 3rd March 2014 until Saturday 22nd March 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 10th February 2014

JAMIE BLAKE
SERVICE HEAD

PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

CROSSRAIL WORKS CROSSRAIL ACT 2008 ROAD CLOSURES

Merceron Street, E1 will be closed to traffic between 08:00 to 18:00hrs on Saturday 15 February 2014 to facilitate the delivery of large welfare cabins to the Essex Wharf, Durward Street Cross-rail site via Swanlea School grounds. Pedestrian access to Merceron Street will be maintained throughout the vehicle restrictions. Follow signed diversion routes via Three Colts Lane or Mile End Road.

Crossrail Helpdesk
(24hr Helpline):
0345 602 3813

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (CAR CLUB PARKING PLACES) (NO.1) ORDER 2010 (AMENDMENT NO.1) ORDER 2014 NO.7

THE TOWER HAMLETS (D2 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.9

THE TOWER HAMLETS (D1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.10

THE TOWER HAMLETS (C4 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.1) ORDER 2014 NO.12

THE TOWER HAMLETS (C1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.1) ORDER 2014 NO.13

THE TOWER HAMLETS (WAITING AND LOADING RESTRICTIONS) (NO 1) ORDER 2012 (AMENDMENT NO.2) ORDER 2014 NO.14

THE TOWER HAMLETS (PERSONALISED DISABLED PARKING PLACES) (NO.1) ORDER 2010 (AMENDMENT NO.2) ORDER 2014 NO.15

THE TOWER HAMLETS (B1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.17

THE TOWER HAMLETS (A6 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.18

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets on 10th February 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
2. The general effect of the Orders would be to in:
 - i) **Blackwall Way** -To convert the existing Single Yellow Line on the west side from the north boundary line of property No.150 and northwards in the westerly direction of St Lawrence Street.(approx.12m) to Double Yellow Line with Loading restriction.
 - ii) To convert the existing Single Yellow Line (approx. 22m) on west sides of **Gaselee Street** from its junction with Baffin Way to Double Yellow Lines.
 - iii) **Clave Street** -To extend the existing Single Yellow Line outside No.5 northwards by 3m and shift the Permit Bay at same location northwards by 3m.
 - iv) **Wapping High Street** - To convert approximately 5.5m of existing shared use bay out No.123 to a single Car Club Bay.
 - v) **Arden Crescent** - To introduce a two car space Resident Bay on the east side outside property No.19 - 35.
 - vi) **St Lawrence Street** -
 - a) To introduce a two space Resident Bay on the South side from a point 5m west of the west kerb line of Blackwall Way.
 - b) To introduce 'At Any Time' Waiting Restriction (Double Yellow Lines) on north side at its junction with Gaselee Street in the northerly direction for (approx. 15m)
 - c) To introduce a new 3 car space Resident Bay on the north side opposite No.4
 - vii) **Christian Street** - To revoke a two-car space Business Bay on the east side and introduce 'At Any Time' waiting Restriction throughout the space.
 - viii) **Fairclough Street** - To change and relocate the single Permit Bay on the north side to the south side as a two-car space Business Bay
 - ix) **Cable Street** - To convert approx. 6m of the existing single Yellow Lines / Permit Bays on the south side to a Personalised Disabled Bay.
 - x) **East Arbour Street** - To revoke the Personalised Disabled Bay No.108 outside No.8 and convert the space to a Resident Bay.
 - xi) **Aston Street** - To convert approx. 6m of the existing Permit Bays on the west side to a Personalised Disabled Bay.
 - xii) **Ada Garden** - To revoke the Personalised Disabled Bay No.496 outside No.12 and convert the space to a Resident Bay.
 - xiii) **Morris Street** - To revoke the Personalised Disabled Bay No.422 outside No.1-16 and convert the space to a Resident Bay.
 - xiv) **Parnell Road** - To remove 1 space Resident space outside no.67.
 - xv) **Salmon Lane** - To convert existing Single Yellow Line to Double Yellow line outside No. 102 -110.
 - xvi) **Lefevre Walk** - To convert all existing Single Yellow line to Double Yellow Line.
 - xvii) **Lyal Road** - To extend the existing Resident Bay Northwards by one space outside No.1
 - xviii) **Princelet Street** -
 - a. to extend westwards by one space the Pay and Display Bay on the east side outside no.36;
 - b. To Convert two Resident Parking spaces on the West side nearest to Brick Lane to Pay by phone (Cashless) with a maximum stay of 1 hour and no return within 2 hours.
 - xix) **Hanbury Street** (west side) - to convert existing Double Yellow line Waiting restrictions to 'At Any Time' Waiting and Loading restrictions on the south kerb from the junction of Brick Lane for a distance of 16.5m.
 - xx) **Wentworth Street** - nearest Commercial Street, convert the two pay and display bays to Pay by phone (Cashless) with maximum time limit of 2 hours and no return within two hours.
 - xxi) **Granary Road** - to introduce a personalised disabled bay near No.49
 - xxii) **Hemmings Street** - to convert existing Single Yellow line Waiting restrictions to 'At Any Time' Double Yellow Line Waiting restrictions outside all the entrances.
 - xxiii) **Selby Street** - To change the operation of Single Yellow lines in the A3 zone to Monday to Saturday 8.30am to 5.30pm.
 - xxiv) **Cleveland Way** - to convert existing Single Yellow line Waiting restriction to 'At Any Time' Double Yellow Line waiting restriction on the East kerb between No.s 32 to 56.
 - xxv) **Bruce Road** - To convert one Resident space outside No.70 to a Personalised Disabled Bay.
3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
4. copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or e-mail: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 10th February 2014

JAMIE BLAKE, SERVICE HEAD, PUBLIC REALM

Support for youngsters

Young athletes can apply for funding before February 20. For further details about the scheme go to...

WWW.GLLSPORTFOUNDATION.ORG



Sign up for 2015 season

The East London Sunday Football League are now accepting teams for the 2014/15 season. For more information, visit www.eastlondonsundayfootballleague.co.uk

Sport

Sport in brief Lions' cup hopes sunk by Wolves

FOR the third time this season, **London Lions** crashed to league leaders Worcester Wolves – this time missing out on a league cup quarter final place.

And they were dumped by a superb one man show by Zaire Taylor, the league player of the month in December.

Taylor scored 25 points, made six assists and four steals at the Copper Box Arena, Stratford.

Wolves got off to a laboured start and slipped 7-2 behind with only Alex Owumi troubling the scoreboard. But by midway through the quarter, a 16-11 advantage had been established following Owumi's first three-pointer.

Wolves led 28-23 at the end of the first quarter and successive baskets from Taylor, Will Creekmore and Kai Williams moved them clear at 34-26.

However, seven points from Chez Marks helped edge Lions ahead at 39-36 with four minutes of the half remaining.

Worcester still trailed 50-47 at the start of the second half but drew level after Taylor snatched the ball from Marks and floated in a triple.

Wolves then led 66-60 before

Lions were back in touch at 69-67 with five minutes left.

With less than three minutes to go, Taylor was once more tormenter-in-chief, re-establishing a comfortable 77-69 advantage and leaving too much for the Lions to claw back.



Sally Gunnell

Gunnell says grab a grant this month

TALENTED youngsters could be missing out on vital funding which could help them progress at their chosen sport.

The cash is available from Greenwich Leisure Limited Sport Foundation (GLL), an independent athlete support scheme which works with national charity SportsAid to support the next generation of sporting talent.

Last year, 1,300 athletes were given support and Tower Hamlets weightlifter Mercy Brown, 17, is one of those teenagers staking their claim for future world

success after winning two bronze medals at the European Youth Weightlifting Championships in Lithuania.

To apply and find out further details of the scheme go to www.gllsportfoundation.org Applications for 2014 awards are open until February 20.

Sally Gunnell, GLL Sport Foundation patron and former concurrent Olympic, World, European and Commonwealth 400m hurdles title holder says the grants can make all the difference to aspiring youngsters.

She said: "From my own experience starting out as a young athlete and progressing through my sport, I understand how support from the foundation can be to the realisation of sporting ambitions."

Make a splash at the sailing centre

DOCKLANDS Sailing & Watersports Centre on the Isle of Dogs is running a youth activity week for half-term.

It takes place from February 17-20 and is for youngsters aged eight-16.

There will be four days of fun with activities for all levels of ability in sailing, canoeing, kayaking and windsurfing working towards achieving RYA and BCU certificates.

The four-day event costs £50 for members and £65 for non-members.

Booking is essential as places are limited.

Several part and fully funded places are available for each of the centre's activity weeks, allocated on a first come, first served basis.

To book your place, call 7537 2626.

Sailors called up

ORLA Mitchell and **Billy Vennis-Ozanne** of Docklands Sailing & Waterports Centre have been selected for the Royal Yachting Association National junior squad.

They have been included in the RS Feva XL for the 2013-14 season, part of the RYA Olympic pathway programme.

Billy and Orla have just started sailing together and have done well to gel so quickly.

Johnny stars for happy Hamlets

BY PETER FAULKNER

St Johns 0 – FC Hamlets 4

WHAT a season FC Hamlets are having. Sitting pretty at the top of the Essex Business Houses League Premier Division, they have now reached the semi-finals of the Premier Cup.

And their latest 4-0 success story at St Johns was all due to an away-day hat-trick by Johnny Jeannavol.

Both sides had a point to prove as they had beaten each other once this season already.

Hamlets were not at their best early on and this showed with goalkeeper Nick Pyne under early pressure.

As they gradually got a foothold in the game, chances came and went.

Then, with half-time approaching, George Oakley picked up the ball on the wing and after a cheeky nutmeg and a brilliant run down the flank found Jeannavol who bent the ball into the bottom corner from the edge of the penalty area.

Manager Ashley King demanded improvement in the



Johnny Jeannavol scored a hat-trick

second half and his team talk worked well as Hamlets went through the gears and took control of the game.

Ten minutes into the second half and they won a free kick 35 yards from goal, John Gilroy stepped up and fired into the top corner giving the keeper no chance.

King then brought on Corrin Harrison and Ricky Wells for Luke With and Joe Peat.

Wells soon made his mark with a brilliant run down the

flank before turning provider for Jeannavol's second.

Hamlets continued to keep possession and dominate the game and, as it was heading for full-time, Jeannavol got on the end of a Lawrence With pass and converted brilliantly for his hat-trick – and the man-of-the-match award.

FC Hamlets: Pyne, Clancy, Baudrier, Glasgow, Lottrie, Oakley, Laurie With, Jeannavol, Peat (Wells), Luke With (Harrison), Gilroy (Panton).

Virtue close in on title

Football

WITH the bad weather continuing to devastate the fixture list, only four games went ahead in the East London Sunday League at Hackney Marshes.

In Division Two **New Ward Virtue** took a step closer to the title with a fantastic 3-1 win over rivals **AC Nightingale**, Ricky Field, Dean Jefferies and Justin Cummins getting the goals that take them a step nearer the Division Two Title. Justin Corbett got the only goal for Nightingale.

In the Macca Sports Premier Division **Reama** continued their good form with a 5-0 win over **Hackney Downs A**.

In Division One **Queensbridge** thumped **Arbour** 8-1 to cement their title hopes.

Lee Daniels and Jonathan Soares both hit hat-tricks, while Kane Suarez got one and goalkeeper Lionel Folkes-Lecointe got the other one from his own box. Matty Guidera scored Arbour's consolation goal.

In the Premier Division Senior Cup, **Byron** are through to the semi-finals after an 8-1 thrash-

ing of **Stratford Juniors**. Luke Samuels with a hat-trick, Tyler Sango-Ismael with a brace, and Dane Blair, Jamaine Belle and John Gilroy all got one apiece to finish the job.

Community Football League – Phase 2

Premier Division: **East One** 1 – **E7 Probashi** 16; – **Shadwell** 2 – **ACE** 2; **SYA** 0 – **Mohammedan** SC 2.

First Division: **London Central** 1 – **West Ham**; **SC** 1 – **Abohani** 2 – **Shoreditch** 0; **SOUL** 1 – **Newark** 5.



Dino Georgiou

Anyone that knew Dino Georgiou and was at Dino's mum's home where the funeral gathering took place around July 2003, please call Mario Georgiou on 07943 600534.



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

Sport

Morpeth boys secure regional finals place

BY PETER FAULKNER

MORPETH School's under-16 boys table tennis team pulled off a shock in the English Schools Table Tennis zone finals at the University of East London's Sportsdock.

They shone by beating two top sides from Greenhouse School – Capital City Academy and Burlington Danes. And there was nothing fluky about their 5-3 successes against both.

But then they came face-to-face with a third Greenhouse school, Eastbury, in the semi-final and memories came flooding back of their county finals match in December 2013 when, after a 4-4 draw, they lost on a count back.

This time, though, there was no such disappointment and they chalked up yet another 5-3 victory.

Sadly their sparkling form came to an end in the final when the team of **Jamie Dignum, Rijul Roychoudhury, Anthony Lynch** and **Murhad Hussain** were beaten 7-1 by London Academy.

However, the good news is that the team will go on to play in the English Schools Table Tennis regional finals and hope



to secure a spot in the national finals in March.

Simon Hoang, Morpeth's head table tennis coach, was full of praise for his team saying: "I had expected to lose to London Academy as they are by far the strongest team in the whole competition, with the current cadet number 6 in England, Omar Khassim.

"But I am extremely proud of Jamie Dignum, 14, who beat a top-40-ranked player, in a nail-biting five-set match.

"On the day we were the only school to take a match off London Academy."

Morpeth's under-16 girls –

Catherine Maltby, Danae Rogers, Nabilah Rifat and **Lasairiona O'Baroid** – had two superb 8-0 victories over Newstead Wood School, Orpington and Royal Russell School, Croydon, but then lost 6-2 to Eastbury, last year's national champions, in the semi-finals.

"Having to move up a category from last year's age group proved to be a tough challenge against the far more experienced Eastbury team," said Hoang.

"We do however have another two years in this category with the same team and look forward to next year's event."

Finally the under-13 boys team of: **Askor Ali, Hisham Sikdar, Zubair Hussain**, and **Marlon Stewart**, put up a great effort with Stewart and Sikdar picking up fine wins.

But the teams on the day proved too strong for an inexperienced Morpeth side. This was to be expected as they were playing against teams with more than two years of playing experience compared to the five months since these boys enrolled into Morpeth.

"The fact they were able to win matches against the other teams is a sign of things to come," said Hoang.

Kelleher stars as Repton march on

Boxing

REPTON boys Jimmy Smith, Joe Kelleher, Sunny Edwards and Billy Beer are marching on in the England Youth championships.

On Sunday they competed in the Eastern Counties stage of the event and the easiest job of the day was for Sunny Edwards who got a walkover.

The star of the show was Kelleher (Class B 69kg) who

pulled off a points win over Josh White of March. His contest was such a crowd-pleaser that even the judges stood and applauded both boxers.

Smith (Class A 69kg) had a tough encounter with schools and NABC champion Lewis Richardson of Centurions.

Smith had to pull out all stops against a rugged southpaw opponent, but deserved the verdict.

Finally Beer went the distance in his Class B 56kg contest and

took a unanimous decision. ■ Italian Gaetano Nespro stands between **Frank Buglioni** and a possible future big-money fight against rising Brighton middleweight **Chris Eubank Jr.**

Both fighters are unbeaten and an all-British battle could be on the cards.

Buglioni makes the first defence of his European super-middleweight crown against Nespro on the undercard of Dereck Chisora's heavyweight bout

against unbeaten Ukrainian Andriy Rudenko at the Copper Box Arena in Stratford on Saturday, February 15.

And 23-year-old former Repton star Buglioni, trained by Mark Tibbs and promoted by Frank Warren, knows keeping his title will put more pounds in the till for future fights.

Trad TKO gym mates, Canning Town's Billy Morgan and Enfield's Michael Grant, face each other on the same bill.

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Wapping prove too strong

Hockey

Wapping 1st 10 – Wisbech 1st 1

HOT on the heels of a disappointing result against league leaders West Herts, Wapping men's team hosted relegation candidates Wisbech, at Mile End Stadium. And what a performance this was.

Wapping looked sharp from the off and duly opened the scoring after five minutes with new recruit Phil Messent scoring his third goal in four games with a low strike from a well-worked penalty corner.

James Fanger then doubled the lead running on to a cross from captain Oliver Cooper, who himself got on to the score sheet minutes later with a close

range tap in. Rory Heaslip then scored a fourth before half-time for a commanding 4-0 lead.

After the interval, James Fanger and Grant Aidoo-Nash used their pace and skills to make the most of holes that began to appear in the opposition defence.

The pair contributed two goals apiece from open play while Rory Heaslip fired in two further penalty corners and a back post tap-in to take his match tally to four.

The final score of 10-1 was a league record for Wapping.

Wapping's run of form now stretches to 15 points from a possible 18 and they currently sit fifth in the league with games against three of the top teams over the next three weeks.

Silbermann eyes promotion

Wapping Ladies 5 – Harpenden 1

THE Ladies' first team came up against Harpenden ladies in the 1st Division of the East South Hockey League, seeking their first win in 2014.

They ended their barren spell with a superb performance that began with Charlotte Keizer finding the back of the net.

Harpenden scored an equaliser, but Wapping responded with a tactical change and an increase in the pace of their attacks.

The effect was immediate, with the home side re-taking the lead when Fran Sutton deflected the ball home.

That proved the catalyst for the floodgates to open and Natasha Close scored Wapping's

third goal within a few minutes from a short corner,

Charlotte Keizer then doubled her tally for the day and Natasha Close completed the scoring with a lovely tap in from close range.

Captain Kate Silbermann said: "It was a great all round team performance which gives us the confidence to push on in the race for promotion."

■ **Wapping Ladies second team**, currently fifth in East Division 2SE, visited Thurrock Ladies who were sitting just below them in seventh.

Wapping dominated from the off and Jess Sturgeon deservedly put them ahead.

At the start of the second half Wapping went 2-0 up through Hannah Gage, and Ciara McNaestry's strike soon after made sure of the win.

Pooles strike sets the tone

East London twos 4 – Romford 1

EAST London fought back from a goal down to outclass the visitors, even though they turned in a below-par performance.

After a slow start, the hosts went behind but Alex Pooles

soon levelled things up, with a deft poke through the keeper's legs.

It was 2-1 at half-time, thanks to a Dom Tyler shot smashed into the corner of the net.

After the break, a Ben Howson strike and Mike Pettit rebound conversion confirmed East London's superiority.



More inside

For stories on boxing, hockey, table tennis and football...

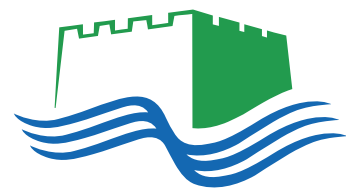
SEE PAGES 34 & 35



Experience may be crucial

"We finished third last year and there will be a few boys from that team in the team this year. Hopefully, they can draw on that experience and we can do even better."

TEAM MANAGER GEORGE WELLS



TOWER HAMLETS

eastend sport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Comeback kids head to Lord's

Cricketers top qualifying group despite first match defeat

BY PETER FAULKNER

TOWER Hamlets young cricketers have booked a return trip to Lord's, but they had to survive an early scare at the Balfour Beatty London Youth Games Indoor Cricket male qualifiers.

The borough team, third in this competition last year, lost their opening group game to outsiders Lewisham at Harrow Leisure Centre on Sunday, February 2.

But they fought back with

thumping victories over Waltham Forest and Bexley where they bludgeoned impressive totals of 154 and 140 runs respectively in their allotted ten overs.

With Lewisham losing their other group games, Tower Hamlets topped the table.

They can now look forward to the finals alongside seven other boroughs at Lord's on Sunday, March 2.

Team Manager George Wells was relieved.

He said: "The first game didn't really go to plan. We had

an uphill climb after that.

"There was a bit of a stern talking to after the first game, but they got their act together.

"There was some good six hitting by two or three of the boys. We finished third last year and there will be a few boys from that team in the team this year. Hopefully, they can draw on that experience and we can do even better."

To find out more about competing in or volunteering at the London Youth Games, visit londonyouthgames.org or follow @ldnyouthgames



The players showed their fighting spirit after losing their first match

Gymnast Tyesha named No1 sports personality

TYESHA Mattis has started 2014 the same way she ended last year – as a star and a winner.

The 14-year-old gymnast (pictured) was voted Sports Person-

ality of the Year at the annual Canary Wharf awards night where other sports youngsters were also rewarded.

■ For full story and pictures see pages 18 & 19.



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